

Preceptor Reflection (MARIAN M VIGIL)

<p style="text-align: center;">Safety & Quality</p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p style="text-align: center;">I have followed the NII's on IV flush's, blood draws, and medication administration. I log out of my computer every time I step away from it.</p>
<p style="text-align: center;">Clinical Judgment</p> <p>how were you able to integrate classroom knowledge with clinical Can you apply these learnings to other events? How can you use this to further improve your practice in the future?</p> <ul style="list-style-type: none"> • What have you learned from clinical? 	<p style="text-align: center;">In the ICU, I see a lot of disease processes that I have learned about in past modules. When we do the interventions, it starts refreshing my brain on remembering how to apply nursing interventions. We do neuro checks every 4 hours. I have not done a neuro check since module 4 and I am starting to get into a routine, on head to toe and then focused assessments. Time management is also something I have been working on. Getting my assessments done in a timely manner and passing medications out.</p>
<p style="text-align: center;">Patient Centered Care</p> <p>Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p style="text-align: center;">One thing that is patient centered care is talking to intubated patients. I had a patient where I would do oral care throughout the day, I would make sure to talk to the patient and tell them what I was doing. The next day they were extubated and thanked me for telling them what I was doing.</p>
<p style="text-align: center;">Professionalism</p> <p>How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?)</p>	<p style="text-align: center;">I show up early and in uniform. I am ready in the morning to get report with my pen and pad. Then I sit down with my preceptor, and we go over notes. I go over the meds that I will administer throughout the day and what they are for.</p>
<p style="text-align: center;">Communication & Collaboration</p> <p>Describe how you utilized therapeutic communication/collaboration</p>	<p style="text-align: center;">Communication between my preceptor and I is essential so we can get stuff done. The first few days I helped her with the small task so she could chart and then after that she started giving me more responsibilities in EPIC and started letting me take over in the med pass.</p>
<p style="text-align: center;">Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? 	<p style="text-align: center;">At first if the word ICU was mentioned I felt intimidated. I felt like I could never understand what drips and all the devices they use are. I felt scared turning or moving a critically ill patient. As I spend time there at the MICU I am learning a lot,</p>

<ul style="list-style-type: none">• What did the words or actions of others make you think?• How did this make you feel?• How did you feel about the outcome?• What is the most important emotion or feeling you had?	<p>no patient is too critical to turn to prevent pressure injuries. I have started to understand how to titrate drips and why they are on certain things. Things I never imagined myself doing.</p>
<p>Evaluation What stood out the most</p>	<p>What stood out to me the most is how much I like the ICU. How much I am learning.</p>