

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructional Module 6**  
**Magnolia Doula Community Clinical Experience**

**Nyah Steele 8/28/25**

1. What did you learn from observing the doula that you could apply in your own nursing practice?

I learned many valuable lessons, but most importantly I saw how simply being present for the mother and using therapeutic communication can make a significant difference. We also practiced several techniques to support comfort and coping during pregnancy and labor.

2. What role did the doula play in informed decision-making and patient autonomy?

It was clear that this doula made her patients feel very comfortable. With our first patient, she encouraged questions and responded with clear explanations without ever pressuring the mother. With both patients, she emphasized that they had the right to make their own decisions regarding their bodies and their birth experience.

3. How do you think having a doula impacted the patient's birth experience and outcomes?

Both patients appeared calmer and less fearful, as each had chosen a doula after difficult first birth experiences. With the doula's support, these mothers seemed to have greater peace of mind and confidence throughout the process.

4. How can nurses and doulas work together effectively to provide optimal care?

Collaboration is key. Nurses can focus on clinical and medical needs while doulas provide continuous emotional, informational, and physical comfort. Mutual respect and open communication ensure the patient receives holistic care that addresses both safety and well-being.

5. What non-medical comfort measures did the doula use or discuss with the patient?

The doula encouraged breathing techniques, position changes, and spinning baby to help moms during pregnancy and labor. She also provides candle lights and aromatherapy to help promote relaxation.

6. How did the doula address the patient's cultural, spiritual, or personal values during labor?

Our second patient was Mennonite and preferred an all-natural birth process from the moment she arrived at the hospital. The doula helped her feel valued and respected by creating a comfortable environment and supporting her choices, ensuring that her birth plan remained consistent and honored throughout the process.

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7. Were there any moments where the doula acted as an advocate for the patient? Describe.

Although I didn't personally witness it, the doula shared a story about a patient she supported a few weeks ago who requested a natural birth without Pitocin. When a nurse insisted on starting Pitocin per the physician's orders, despite the mother's wishes, the doula stepped in to advocate. She reminded the nurse that the patient had clearly declined Pitocin and requested that it be discontinued, ensuring the mother's preferences were respected.

8. How did observing a doula influence your perspective on the labor and birth process?

I realized that birth is not only a medical event but also an emotional and transformative experience. The doula highlighted how holistic support can make labor less intimidating and more empowering for the patient and family

9. What surprised you most about the doula's role?

I was surprised to learn that doulas are not the same as midwives, and observing their unique role opened my eyes to an entirely different aspect of the birthing world.

10. How did the doula demonstrate professionalism in her interaction with the patient, family & healthcare team? Provide specific examples and reflect on how this influenced your understanding of professional behavior in a birth setting.

The doula-maintained boundaries respected the healthcare team's expertise and communicated respectfully. She always put the patient's needs first, avoided making medical decisions, and kept a calm, supportive demeanor.

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<b>IM6 Student Learning Outcomes</b>				
<b>Safety &amp; Quality</b>	<b>Clinical Judgment</b>	<b>Patient Centered Care</b>	<b>Professionalism</b>	<b>Communication &amp; Collaboration</b>
<i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i>	<i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i>	<i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i>	<i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i>	<i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i>

**Safety & Quality:**

I observed how the doula supported a safe and positive birth environment by ensuring the mother's wishes were respected. Her advocacy for patient choices, such as declining unnecessary interventions, reinforced the importance of prioritizing safety while honoring patient autonomy. This showed me how quality care is not only clinical but also emotional and supportive

**Clinical Judgment:**

Watching the doula use comfort techniques and encourage informed decision-making helped me recognize how non-medical interventions can impact outcomes. It reminded me that as a nurse, I need to assess not only physical needs but also emotional and psychological needs when forming a plan of care.

**Patient Centered Care:**

**Professionalism:**

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**Communication & Collaboration:**

**OB Community Verification Sheet  
Instructional Module: IM 6**

**Student Name:**

**Please call the CSON Instructor(s) should you have any additional comments regarding the student's performance and/or participation today.**

**Instructor Contact Information:**

Gracie Nuttall – (806) 724-5445 or Office (806) 725-8934

Rachel Soliz – Cell (806) 781-0689 or Office (806) 725-8910

**Community Site:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Student's Arrival Time:** \_\_\_\_\_ **Departure Time:** \_\_\_\_\_

**Printed Name of Staff:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

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