

# Covenant School of Nursing Reflective Practice

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Instructional Module: 6

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<p><b>Step 1 Description</b></p> <p>During my clinical shift, my patient was at a 4 when I arrived. The doctor then came in at 7:00 AM to break her water. At the end of my clinical, she was at a 8 and then received her epidural.</p>	<p><b>Step 4 Analysis</b></p> <p>I was able to apply the stages of labor to this situation. A broader issue that could arise from this event is watching for infection after membranes were ruptured.</p>
<p><b>Step 2 Feelings</b></p> <p>At first I was nervous because I wasn't sure what to expect on this floor. It wasn't something I think I would enjoy doing, but I loved being able to experience this floor.</p>	<p><b>Step 5 Conclusion</b></p> <p>I could have tried to talk to the patient more to provide support comfort measures. The nurse I had could have been nicer and she could have tried to involve me more.</p>
<p><b>Step 3 Evaluation</b></p> <p>It was a great learning opportunity. It was difficult to stay out of the way, but it was good to see my patient's labor progress quickly after the doctor broke her water.</p>	<p><b>Step 6 Action Plan</b></p> <p>Overall this was a valuable experience and helped me recognize laboring in real time. I also saw how some mothers don't have a support person, so you should try to be that person for them.</p>

# Prioritization Tool

	URGENT	NOT URGENT
IMPORTANT	<p><b>Urgent &amp; Important</b>  <b>DO</b>                      - monitor vs every hour                      *placing a bed pan under pt</p>	<p><b>Not Urgent but Important</b>  <b>PLAN</b>                      - position changes for mom</p>
NOT IMPORTANT	<p><b>Urgent but Not Important</b>  <b>DELEGATE</b>                      *turning off the venting pump</p>	<p><b>Not Urgent and Not Important</b>  <b>ELIMINATE</b>                      *giving pt a popsicle</p>

## Education Topics & Patient Response:

- tube removal: pt still unsure, keeps changing mind.
- epidural: the nurse was teaching her when it was too late to get the epidural, pt understood but was still trying to do it natural

## IM6 Student Learning Outcomes

Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
<p><i>Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.</i></p>	<p><i>Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.</i></p>	<p><i>Demonstrate family centered care based on the needs of the childbearing family, and the patient with mental health disorders.</i></p>	<p><i>Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.</i></p>	<p><i>Communicate and collaborate effectively with patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</i></p>

**Safety & Quality:**

- The baby/mom were getting discharged, I noticed the car seat was not in correct standards and it was missing some pieces. I taught the dad the correct way to fix it.

**Clinical Judgment:**

I used clinical judgement to check the fetal heart rate after the doctor ruptured her membranes.

**Patient Centered Care:**

**Professionalism:**

**Communication & Collaboration:**

I worked with my nurse to change moms position and also asked if it was okay for the patient to receive a popsicle.