

**Covenant School of Nursing Instructional Module 3
SIMULATION LEARNING GUIDE**

Topic/Concept: Lab 2: Med Surg Lab: Foley insertion practice and CPE

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| Needs Analysis Documentation |
| <ul style="list-style-type: none">• The lab provides an opportunity for the student to demonstrate safe practice. |
| Learning Goals/Outcomes |
| Upon completion of this simulation learning activity, you will be able to: <ul style="list-style-type: none">• Insert a foley catheter incorporating aseptic techniques and appropriate steps. |
| Scenario(s) Used |
| <ul style="list-style-type: none">• Perform foley insertion for a female manikin |
| Schedule of Activities |
| <p><i>Practice Lab:</i></p> <ul style="list-style-type: none">• Students will be divided into groups of four, with two students in a room together with one faculty member.• Each group will have 60 minutes to practice Foley catheter insertion under the guidance of an instructor.• Every student will perform the procedure while their peers observe it.• Practice will be conducted on a female manikin, with a male piece available in the room for additional practice. <p>Check Off Insertion Lab:</p> <ul style="list-style-type: none">• Students will individually identify patients, insert a foley catheter along with demonstrating aseptic techniques and appropriate steps.• Each student will be alone with one faculty member in each room and will have 25 min to complete the task.• Students who do not maintain aseptic techniques during catheter insertion would require remediation at that time if time allowed. If time does not allow students will be given additional time to return later in the day to complete skill.• During the check-off each student is allowed two self-corrections. |
| Pre-Simulation Learning Activity Preparation (Pre-Briefing) |
| Pre-Brief will include: *Welcome- This learning experience is set up in a safe, non-threatening environment where everyone involved has the same purpose; to learn and improve. You will have 25 minutes to complete the task. Two self-corrects are allowed. You may call a” time out” if you become anxious or just need a minute. Time will stop during that time. |

Please simulate washing your hands so you do not have to wait for the hand sanitizer to dry, but please apply nonsterile and sterile gloves when appropriate.

You may notice instructors making notes, so they can remember things they may want to discuss with you after.

*Confidentiality- You signed the Student Commitment to Conduct non-graded and graded CPE at the beginning of the course. Remember to respect the confidentiality of your fellow learners and not share any information outside of the simulation session.

*Fiction Contract- We have done everything we can to make this as real as possible, but in the end, it is a simulated experience; we must depend on you. Please do your best to treat this as a live scenario with a live patient.

*Review of Learning Objectives

*Orientation to Spaces/Equipment/Safety- Orientation to the room(s) to be used, equipment in those rooms, reminder of emergency exits/processes, & review of psychological safety process.

Logistics- Badging In/Out, restroom location, & food & drink

On-Line/ Out of Class

Prior to lab complete the following and the lab Quiz.

- HESI Skills > Essentials Collection > Inserting an Indwelling Urinary Catheter – Female
- HESI Skills > Essentials Collection > Inserting an Indwelling Urinary Catheter – Male

Read: CSON Professional Nursing Skills Critical Elements and Nursing Intervention Instructions (NIs) Located on LMS Homepage (Sterile Gloving and Urinary Catheter Insertion- Indwelling and Straight

<https://v9.edvance360.com/repository/filedownload/179483>

MUST Watch video PRIOR to Lab

- Foley Video by CSON Instructor Jordan Severs <https://youtu.be/3xSBJ31JoFI>

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Simulation Learning Activities

Simulation Activities:

- Simulation stations as discussed above

Online/Out-of-Class: Click here to enter text.

Evaluation Methods (Debriefing)

- Debriefing after each station
- Observation by faculty in simulation
- Post simulation lab Red Cap Tool
- Foley insertion Check off
- Remediation as needed

| Other Appropriate Documentation | |
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| <ul style="list-style-type: none"> • Foley lecture required prior to practice and check-off • Prelab quiz completed prior to arrival- done during lecture | |
| Time Allotted | Stations |
| 60 minutes | Per practice station |
| 25 minutes | Per student for check off |
| Texas DECs | QSEN Competencies |
| <ul style="list-style-type: none"> • Clinical Judgment • Knowledge • Patient Safety Advocate | <ul style="list-style-type: none"> • Safety • Evidence Based Practice • Teamwork and collaboration • Patient Centered Care |
| IM Student Learning Outcomes | NCLEX Test Plan |
| <ul style="list-style-type: none"> • Safety/Quality • Clinical Judgement • Patient Centered Care • Professionalism • Communication/Collaboration | <ul style="list-style-type: none"> • Safe and Effective Care • Health Promotion & Maintenance • Physiological Integrity • Pharmacological & Parenteral Therapy |
| Date originated: 8/17/2021 Content Expert: Ester McWilliams MSN RN, Dondi Kilpatrick Simulation Expert: Randall Stennett MSN DNP | Revision Dates: 11/14/2022, 10/5/2023, 8/28/2024, 06/17/2025, 7/1/2025 |

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LAB LLL