

## Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
Click here to enter text.	Isotonic <input type="checkbox"/> Hypotonic <input type="checkbox"/> Hypertonic <input type="checkbox"/>	Click here to enter text.	Click here to enter text.	Click here to enter text.

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Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration  IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Hydroxyzine pamoate	Antihistamine	Anxiety	25mg PO PRN q6	Choose an item.  Click here to enter text.	Click here to enter text.	Drowsiness, CNS depression	1. avoid tasks that require mental alertness, drowsiness can affect ability to perform safely 2. do not drink alcohol with this med-- can increase CNS depression effects 3. call don't fall, be sure to get up slowly as orthostatic hypotension can cause you to feel lightheaded or dizzy 4. if you are experiencing dry mouth, you can sip water, chew gum or use hard candy to help.
lorazepam	Benzodiazepine	Alcohol withdrawal / anxiety	1-2 mg PO PRN q4 hours	Choose an item.  Click here to enter text.	Click here to enter text.	Drowsiness/ decreased alertness, CNS depression, dependence	1. avoid tasks that require alertness and/or motor skills until response to drug is established. 2. Do not consume alcohol-- increases affects on CNS/ increases CNS depression 3. Smoking while taking med is not recommended-- reduces drug effectiveness

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							4. Do not stop medication abruptly, can cause: restlessness, irritability, hand tremors, abd cramping, N/V, diaphoresis.
haldol	antipsychotic	for psychotic symptoms/agitation	10 mg IM PRN q8	Choose an item.  <small>Click here to enter text.</small>	<small>Click here to enter text.</small>	Extrapyramidal symptoms (dystonia, akathisia, parkinsonism), CNS depression, Neuroleptic Malignant Syndrome (high fever, muscle rigidity, altered mental status)	<ol style="list-style-type: none"> <li>1. monitor motor function: involuntary movements, tremors, muscle spasms EPS</li> <li>2. obtain EKG before starting therapy and watch for signs of QT prolongation: palpitations, syncope</li> <li>3. monitor for high fever, altered mental status, stiff muscles-- NMS</li> <li>4. use sunscreen and protect skin from sun--can cause photosensitivity</li> </ol>
diphenhydramine	antihistamine	management of cholinergic effects of antipsychotic	50 mg IM q8 PRN psychotic symptoms	Choose an item.  <small>Click here to enter text.</small>	<small>Click here to enter text.</small>	Dry mouth, drowsiness, dizziness	<ol style="list-style-type: none"> <li>1. Sedative effect (drowsiness, decreased alertness) does go away as patient builds tolerance</li> <li>2. Can chew gum, have peppermint/candy if pt has dry mouth</li> <li>3. Monitor BP, HR (VS) due to effects on</li> </ol>

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							the heart when paired with antipsychotics 4. Do not consume alcohol with this medication, can increase CNS depression effects
acetaminophen	Analgesic/antipyretic	Mild-moderate pain	500 mg PO q6 for pain of 1-4 on pain scale	Choose an item.  <small>Click here to enter text.</small>	<small>Click here to enter text.</small>	Liver toxicity	<ol style="list-style-type: none"> <li>1. Do not exceed 4g/4000mg in 24hrs due to risk of liver toxicity.</li> <li>2. Be sure to report increased N/V, right upper quadrant/abdominal pain-- want to monitor for liver toxicity</li> <li>3. Consult provider if patient has a history of cirrhosis of the liver, decreased liver function, or any medical history including the liver-- contraindicated in patients with hepatic disease.</li> <li>4. Patient should not consume alcohol while taking this medication-- can increase risk of hepatotoxicity.</li> </ol>
olanzapine	antipsychotic	Agitation/psychotic behavior	5 mg PO q6 for agitation	Choose an item.  <small>Click here to enter text.</small>	<small>Click here to enter text.</small>	CNS depression, weight gain, QT prolongation	<ol style="list-style-type: none"> <li>1. Monitor weight, eat healthy diet and stay physically active-- can cause significant weight gain due to metabolic side effects</li> <li>2. EKG prior to starting treatment and monitoring of heart throughout</li> </ol>

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							treatment-- increased risk fro Qt prolongnation  3. stand up slowly, call don't fall-- can cause orthostatic hypotension  4. do not stop abruptly-- may cause serious adverse reactions		
ibuprofen	NSAID	Mild-moderate pain	400 mg PO q6 for pain of 1-4 on pain scale	Choose an item.  Click here to enter text.	Click here to enter text.	-- Peptic ulcers, GI bleed. -- nephrotoixcty -- drowsiness	1. Ask patient if they are taking aspirin or any other blood thinners. Instruct Pt not to take aspirin for pain while taking this med-- increased risk for GI bleed  2. Pt can take med with food or milk to help avoid Gi upset  3. May cause dizziness and/or decreased alertness; take caution when walking, if you feel dizzy, call don't fall.  4. Contraindicated for patients with active GI disorders or ulcerations. Consult provider if patient has a history of renal impairment, can increase risk of nephrotoxicity.		

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risperdal	antipsychotic	Psychotic behavior/bipolar mania	1 mg tablet PO BID	Choose an item.  Click here to enter text.	Click here to enter text.	CNS depression, EPS, prolactin elevation	1. monitor: tremors, muscle stiffness, involuntary movements: EPS 2. get up slowly, call don't fall-- increased orthostatic hypotension 3. monitor: breast tenderness, or enlargement, sexual dysfunction, menstrual irregularities-- increased prolactin 4. metabolic monitoring-- weight, diet, exercise
Nicotine patch	Stimulant	Nicotine replacement	21 mg transdermal patch daily	Choose an item.  Click here to enter text.	Click here to enter text.	Overdose leading to heart palpitations, confusion	1. Be sure to follow proper application-- rotate sites, remove previous patch, date and initial, etc 2. assess patch site when removing, document any persistent rash, patient needs to report pruritus 3. Do not smoke while wearing patch-- can enhance effects when used together 4. patient may chew gum slowly to avoid jaw ache, maximize benefit.

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ziprasidone	antipsychotic	Psychotic behavior/bipolar disorder/mania	40 mg PO BID	Choose an item.  <small>Click here to enter text.</small>	<small>Click here to enter text.</small>	Prolonged QT interval, torsades de pointes, decreased alertness	<ol style="list-style-type: none"> <li>1. Avoid tasks that require alertness and/or motor skills until response to drug is established.</li> <li>2. Monitor patient's response to drug: emotional status, behavior, appearance, response to environment</li> <li>3. EKG should be obtained to assess for QT prolongation before starting medication</li> <li>4. Labs: magnesium and potassium should be monitored routinely before beginning therapy and while taking medication.</li> </ol>
prazosin	Alpha-blocker	Nightmares	1 mg PO QHS	Choose an item.  <small>Click here to enter text.</small>		CNS depression	<ol style="list-style-type: none"> <li>1. avoid tasks that require mental alertness due to side effects of dizziness, drowsiness</li> <li>2. do not stop abruptly-- nightmares can return. need to maintain regular consistent therapy-- not doing so may delay response</li> <li>3. Be careful when standing-- orthostatic hypotension may occur, call don't fall</li> <li>4. limit alcohol/do not consume when taking this medication, exacerbate CNS depression.</li> </ol>

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Nicotine inhaler	Stimulant	Nicotine replacement	10 mg cartridge for inhalation Q2	Choose an item.  Click here to enter text.	Click here to enter text.	Palpations, chest pain, tightness of chest	<ol style="list-style-type: none"> <li>1. Do not smoke while using inhaler-- can cause: HA, dizziness, n/v/d, blurred vision</li> <li>2. Monitor breathing and educate patient to report any dyspnea or chest pain</li> <li>3. stuffy nose, mouth and throat irritation, and coughing are normal side effects and you should not abruptly stop the medication; if side effects continue contact your provider</li> <li>4. Instruct patient on how to use inhaler correctly</li> </ol>
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Choose an item.  Click here to enter text.	Click here to enter text.	Click here to enter text.	<ol style="list-style-type: none"> <li>1. Click here to enter text.</li> <li>2. Click here to enter text.</li> <li>3. Click here to enter text.</li> <li>4. Click here to enter text.</li> </ol>
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