

# IM7 FACULTY



# SPG 25 NURSES



The South Plains Great 25 and Texas Nurses Association District 18 select 25 nurses annually in our region that exemplify nursing excellence to be recognized as a SPG 25 Nurse. This award considers what each person has done to make improvements in nursing through patient care initiatives, volunteering within the community, and active involvement with the legislative process to improve the future of nursing. This is a big award to receive and very few have.

**THE ONLY CSON FACULTY TEAM THAT ARE ALL SPG25 NURSES**

## MASTERS PONDER

Recipient of the Irene Wilson Award 2025

Hi, my name is Paula Ponder, and I've been a nurse for 47 years. Know that it's gone by quickly! I first graduated as a Licensed Vocational Nurse from South Plains College in 1978. I worked full-time while pursuing my Associate Degree in Nursing (South Plains College, 1981), my Bachelor of Science in Occupational Education (Wayland Baptist University, 2002), and my Master's of Nursing (Lubbock Christian University, 2007).

I started my nursing career in the Emergency Department, and spent time in Trauma Services, the Operating Room, an Occupational Medicine Clinic, and the Surgical Intensive Care Unit, but I *always* returned to the ED. I loved caring for patients, but I love teaching now! I enjoy sharing what I've seen and what I know, and I really love seeing those light-bulb moments when students make connections between theory and clinical. One of the greatest honors of my career was being recognized as a South Plains Great 25 Nurse in 2022.

I also love spending time with my four grandkids and three Maltese fur babies. I'm pretty crafty; I enjoy creating art with stained glass, crocheting, and audiobooks. I'm always learning and growing—right now I'm experimenting with resin! I enjoy all music from the 1970's...NO country music allowed.

## DR. SPRADLING

I have dedicated nearly two decades to nursing, following graduation from CSON. With a diverse career path, I have built a robust foundation spanning various practice settings. My experience includes the Surgical Intensive Care Unit (SICU), nursing leadership, acute care nursing education, organ and tissue donation, and prelicensure academia. This diverse exposure offers a unique advantage point on hospital operations and strategic initiatives in a complex health environment.

I hold a BSN from TTUHSC, an MSN from LCU, and a DNP from Post University. I am nationally certified with both the CCRN and NPD-BC credentials and have been widely published at both national and international levels. My contributions to nursing research and evidence-based practice have earned invitations to present at conferences locally, nationally, and internationally.

My commitment extends beyond the clinical and educational realms. I actively participated in community outreach and service projects, both locally and internationally, through global mission work. My dedication to nursing excellence has been recognized with numerous awards, including the Irene Wilson Nurse of the Year at CMC and the South Plains Great 25 Nurses honor.

Fueled by a passion for empowering and supporting others, I am dedicated to fostering growth and vitality within the nursing profession and beyond. I'm committed to enhancing educational excellence and functional achievement, with the ultimate goal of improving overall health and employability. Additionally, I have founded a health coaching business aimed at guiding clients to develop healthy lifestyle habits, live with purpose, and thrive amidst challenging environments.

Outside of my professional achievements, I am the proud mother of two young girls. I also tend to multiple farm animals and enjoy everything the great outdoors has to offer.

# DR. KINEMAN

Welcome to IM7! I began my nursing career after completing my BSN from TTUHSC in 2006. I served as a staff nurse in the Pediatric Intensive Care Unit at University Medical Center in Lubbock for 9 years, cross training in several areas: SICU, NICU, palliative care, and Maternal Fetal ICU. While completing my master's degree in Nursing Administration, I worked at both UMC and as a Faculty Associate at TTUHSC School of Nursing in the Non-Traditional Accelerated BSN Program. After completing my MSN, I accepted a position at TTUHSC. I completed my Doctorate in Nursing Practice in Executive Leadership in 2017. My capstone focused on reducing the incidence of sexually transmitted infections (STIs) among college students. In 2020, I began working for Covenant School of Nursing Diploma Program. Trust me when I say, you are in the right place. I have worked in academia for over seventeen years and truly value student success. I routinely serve as a preceptor for MSN students and enjoy helping others pursue their goals.

I have been the recipient of numerous awards including the University Medical Center Leadership award, TTUHSC SON Best Classroom Lecturer award, TTUHSC SON Faculty Development: Best Classroom Teaching award, Ted Phea Boys & Girls Club Volunteer Group of the Year award, and the South Plains Great 25 Nurses. I am board certified by the National Commission for Certifying Agencies as a Certified Pediatric Nurse and Medical Surgical Nursing. I hold membership in several organizations including the Texas Nurses Association, American Nurses Association, National League for Nursing, Sigma Theta Tau International Iota Mu Chapter, and the National Honor Society of Phi Kappa Phi.

I am a firm believer in God, and acknowledges He is the sole reason for my success. I am devoted to my family and am the proud mother of two daughters—Camryn and Brooklyn. In my free time, I enjoy snuggling my 5 crazy Maltese and Maltipoos, Brooklyn's competitive cheer events, lake days, and operating a Day Spa in Lubbock. Yes, I'm the crazy "dog" lady.

I can't wait to work with each of you and push you to be the BEST nurse you can be in your limited time in our module.



# DR. SMITH

I have been in healthcare for more than 25 years in various roles including medical coding, C.N.A. and as an RN. I am a high school dropout, but earned my GED and worked in many jobs in healthcare until I finally made the decision to get my nursing degree. I made the decision that I wanted to come to Covenant School of Nursing because of the hands on and clinical experiences. So, while working full time and raising a family, I took night classes and finally made it into CSON. While at CSON, I was involved in CSNA eventually becoming the President. This experience opened doors and adventures I had never been in such as traveling to conventions including the first National student nursing convention in Boston. I learned early that networking is the key to a successful career. When I started my RN career, I began in critical care working for Covenant Lubbock and Plainview hospitals. Other areas of nursing include medical-surgical, telemetry, PACU, case management, leadership, and nursing education (Tech and CSON).

After working a couple of years, I went back to get my BSN from TTUHSC SON in 2010 and worked a few more years while working on my MSN from TTUHSC SON in 2013. I specifically took the MSN from Tech because it was a true MSN in education which I knew I wanted to move towards. During my educational years, I joined Texas Nurses Association and have been a very active member in our local and state chapter. I am a big proponent of being involved in our nursing legislation and have attended many Nurse Day at the Capitol events lobbying for nurses. WE NEED FULL PRACTICE !!!!

In 2017, I decided to go back one more time to get my doctorate. My doctorate is specific to education, which again is still my goal. My focus in my doctorate was to provide nursing preceptors with the tools and skills necessary to teach nursing students. Many preceptors are not trained in how to precept, only that they are really good nurses and are asked to have students follow them. I finally finished my project and DNP in 2020 and decided to come back as a faculty in IM 7.

I have received many awards in nursing including Nurse of the Year twice from TNA, SPG 25 Nurse, Providence Leadership Award, and others. It has been a great career choice with lots of opportunities I might not have had if I had not taken the leap that God wanted me to.

I live on a farm with my kids, grandkids, 7 granddogs, and my husband and baby dog (bulldog) Pearl. I love to create things like sewing handmade quilts and other handmade ornaments and stockings. My grandkids often come up with items for me to make them and we design them and make one of a kind masterpieces. I look forward to being part of your nursing career.

