

IM 6 Maternal Newborn & PMH Assignments
HESI assignments are due @ 2359 Sunday the following week of lecture topics.

Grading: Activity list below includes graded and non-graded activities.

- All activities are to be completed and are designed to assist the student in the mastery of material.
- HESI clinical skills and case studies are **HIGHLY RECOMMENDED** to be completed **prior** to their corresponding lecture.
- HESI OB and PMH adaptive open book quizzes 1-4 are **Required** and will account for 5% of your total grade.
- **Progression to the next module requires completion of all Required assigned work.**

Weekly Topics and Required Reading	Highly Recommended HESI Clinical Skills	Highly Recommended HESI Case Studies	# Exam Questions
WEEK 1			
<p>Antepartum Nursing and Antepartum Testing / Soliz - Required Reading:</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Antepartum Nursing Care & Testing: pgs. 201-211 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., McKinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 6 Adaptations to Pregnancy: pgs. 95-119 Ch. 7 Antepartum Assessment, Care and Education: pgs. 122-135, Ch. 9: Prenatal Diagnostic Testing: pgs. 184-201 Ch. 11 The Childbearing Family with Special Needs pgs. 269-276 • Tables: “Signs of Possible Pregnancy Complications” pg. 138, “When to go to Hospital or Birth Center” Rh Incompatibility Pgs. 235-236 pg. 387, 15.1 Leopold’s Maneuvers pg. 396, 8.1 Recommended Wt. Gain pg. 147; 8. 2 & 8.3 Nutrition for Childbearing pg. 149 	<p>Antepartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Admission Assessment: Obstetric Patient • Biophysical Profile • Leopold’s Maneuvers <p>Intrapartum Nursing Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Laboring Patients: Nursing Care • Rho (D) Immune Globulin 		16-18
<p>Electronic Fetal monitoring / Nuttall - Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: Electronic Fetal Monitoring pgs. 211-216 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 14 Intrapartum Fetal Surveillance pgs. 350-383 	<p>Electronic Fetal Monitoring Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Fetal Heart Rate: Interpretation 		9-11
<p>Intrapartum Nursing / Nuttall - Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Intrapartum Nursing Care, Initial Exam, Stages of Labor, Labor with Analgesia or Anesthesia, Regional Block Anesthesia pgs. 216-227 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women’s Health Nursing (8th ed.): Ch. 12 Processes of Birth; Ch. 13 Pain Management During Childbirth; Ch. 15 Nursing Care During Labor and Birth 	<p>Intrapartum Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Artificial Rupture of Membranes • Epidural Catheter Insertion • Oxytocin • Vaginal Delivery 		22-24

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Postpartum Nursing / Soliz - Required Reading: <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Maternity Nursing: Ch. 6 Postpartum Nursing Care: pgs. 227-231 Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Rh Incompatibility Postpartum Mgmt. pgs. 234-235, Ch. 11 Adoption pg. 289 and Postpartum Depression pgs. 290-293, Ch. 17 Postpartum Adaptation and Nursing Care pgs. 469-501, Ch. 18 Postpartum Maternal Complications pgs. 505-523, Ch 23. Infant Feeding pgs. 643-666 	Postpartum Maternal Newborn Collection <ul style="list-style-type: none"> • Assessment: Postpartum Patients • Breastfeeding Education • Cesarean Delivery: Recovery Care 	<ul style="list-style-type: none"> • Postpartum 	<p style="text-align: center;">14-16</p>
OB HESI Adaptive open book Quiz # 1 Due 08/17/25 @ 2359	EXAM 1 - 08/18/25 - 0800-1100		
WEEK 2			
Current Theories & Practice / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 2; Ch. 3; Ch. 5 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Current Theories Mental Health Collection <ul style="list-style-type: none"> • Elopement 		<p style="text-align: center;">9-11</p>
PMH Legal/Ethical Issues / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch 6 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Abuse & Neglect Mental Health Collection <ul style="list-style-type: none"> • Abuse & Neglect of Older Adults 		<p style="text-align: center;">5-7</p>
Psychopharmacology / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 4 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Psychopharmacology Mental Health Collection <ul style="list-style-type: none"> • Psychiatric Medications; Recognizing Adverse Effects 		<p style="text-align: center;">16-18</p>
Therapeutic Communication / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 7, Ch. 8, Ch. 9 • HESI Comprehensive Review for the NCLEX-RN Examination: Therapeutic Communication 	Nurse Patient Relationship Mental Health Collection <ul style="list-style-type: none"> • Therapeutic Communication Using Trauma-Informed Care 		<p style="text-align: center;">7-9</p>
WEEK 3			
Substance Use Disorder / Harrison - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 19: Substance-Related and Addictive Disorders HESI Comprehensive Review for the NCLEX-RN Examination: Psych Nursing 	Substance Use Disorder Mental Health Collection <ul style="list-style-type: none"> Addiction, Chemical Dependency & Withdrawal 	Substance Disorder Mental Health Collection <ul style="list-style-type: none"> Alcoholism 	<p style="text-align: center;">11-13</p>

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Mood Disorders / Maya - Required Reading: <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 15; Ch. 16: Ch. 23. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	Mood Disorders Mental Health Collection <ul style="list-style-type: none"> • Bipolar Disorder • Depression • Electroconvulsive Therapy 	Mood Disorders Mental Health Collection <ul style="list-style-type: none"> • Depression 	11-13
PMH - HESI Adaptive open book Quiz # 2 - Due 08/27/25 @ 2359	EXAM 2 - 08/28/25 - 0800-1100		
WEEK 4			
Pregnancy at Risk / Nuttall - Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing: High-Risk Disorders pgs. 240-253. Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications; Ch. 19 Critical Care Obstetrics 	Pregnancy at Risk Maternal Newborn Collection <ul style="list-style-type: none"> • Deep Tendon Reflexes • Precipitous Delivery • Prolapsed Cord • Shoulder Dystocia 	Pregnancy at Risk <ul style="list-style-type: none"> • Ectopic Pregnancy • Gestational Diabetes • Preeclampsia 	23-25
Infertility & Twins / Soliz - Required Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 27 Infertility pgs. 757-774 			7-9
WEEK 5			
Contraception & Sexually Transmitted Infections Soliz- Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for the NCLEX-RN Examination: Ch. 6 Maternity Nursing Table 6.10 Methods of Contraception Pg. 232 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 28 Women's Health 803- 806 Recommended Reading <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.) Ch. 26 Family Planning pgs. 732-754 			10-12
Reproduction & Preventative Women's Health / Nuttall - Required Reading <ul style="list-style-type: none"> • HESI Comprehensive Review for NCLEX-RN Examination: Ch. 6 Maternity Nursing pgs. 201-203 • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 28 Women's Health-Preventative Care pgs. 776-783, Menopause pgs. 795-798; Ch.3 Reproductive Anatomy and Physiology pgs. 42-53 			8-10

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<p>Women's Health Diagnostics and Disorders / Soliz - Required Reading</p> <ul style="list-style-type: none"> • HESI Comprehensive Review for NCLEX-RN Examination: HIV pg. 50, Medical Surgical Nursing - UTI pg. 79, Reproductive System (Women) -Uterine prolapse, Cystocele and Rectocele pgs. 143-144, Cervical and Ovarian Cancer pgs. 144-145, & STD's pgs. 147-149 <p>Recommended Reading</p> <ul style="list-style-type: none"> • Murray, S., Mckinney, E., Holub, K., & Jones, R. (2023). Foundations of Maternal-Newborn and Women's Health Nursing (8th ed.): Ch. 2 Intimate Partner Violence, Table 2.2 Myths and Realities of Violence against Women, and Human Trafficking pgs. 24-30, Ch. 28 Women's Health Benign Breast Disorders pgs. 785-786, Menstrual Disorders pgs. 790-794, Pelvic Floor Disorders pgs. 798-800, Benign and Malignant Disorders of the Reproduction Tract pgs. 800-802. Infectious Reproductive Disorders pgs. 803-807 	<p>Women's Health Maternal Newborn Collection</p> <ul style="list-style-type: none"> • Dilatation & Curettage <p>Emergency Collection</p> <ul style="list-style-type: none"> • Sexual Assault Exam 	<ul style="list-style-type: none"> • HESI Maternal-Newborn Practice Exam • HESI Maternal Newborn Quiz 	<p style="text-align: center;">12-14</p>
WEEK 6			
OB HESI Adaptive open book Quiz # 3 - Due 09/14/25 @ 2359		EXAM 3 - 09/15/25 - 0800-1100	
WEEK 7			
<p>Psychiatric Emergencies / Maya - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 20; Ch. 21; Ch. 24; Ch. 25. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Psychiatric Emergencies Mental Health Collection</p> <ul style="list-style-type: none"> • Agitation & Disruptive Behavior 	<p>Psychiatric Emergencies Mental Health Collection</p> <ul style="list-style-type: none"> • Psychosis 	<p style="text-align: center;">11-13</p>
<p>Schizophrenia / Maya - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 17. • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Schizophrenia Mental Health Collection</p> <ul style="list-style-type: none"> • Schizophrenia & Psychosis 	<p>Schizophrenia Mental Health Collection</p> <ul style="list-style-type: none"> • Schizophrenia 	<p style="text-align: center;">18-20</p>
<p>Somatic Symptoms Disorders / Harrison - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 12 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 			<p style="text-align: center;">5-7</p>
<p>Anxiety & Stress Disorders / Harrison - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch. 10, Ch. 11 • HESI Comprehensive Review for the NCLEX-RN Examination: Psychiatric Nursing 	<p>Anxiety Mental Health Collection</p> <ul style="list-style-type: none"> • Anxiety 		<p style="text-align: center;">13-15</p>
<p>Personality Disorders / Harrison - Required Reading:</p> <ul style="list-style-type: none"> • Varcarolis, E. M., Fosbre, C. (2023). Essentials of Psychiatric-Mental Health Nursing (5th ed.): Ch.13 • HESI Comprehensive Review for NCLEX-RN Examination: Psychiatric Nursing 	<p>Personality Disorders Mental Health Collection</p> <ul style="list-style-type: none"> • Borderline Personality Disorder 	<ul style="list-style-type: none"> • HESI Mental Health Practice Exam • HESI Mental Health Quiz 	<p style="text-align: center;">13-15</p>

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PMH HESI Adaptive open book Quiz # 4 - Due 09/30/25 @ 2359

EXAM 4 - 10/01/25 - 0800-1100

Additional Assignments

- PMH crossword puzzle due Thursday **08/21/25 @ 2359**.
- AA Meeting reflection submitted to Dropbox due for **Group 1** on **09/04/25 @ 2359** and **Group 2** on **09/25/25 @ 2359**.
- HESI Adaptive open book Quizzes 1-4 are due on the **night prior to the corresponding unit exam at 2359**
- Obstetrics/Maternity Practice Exam & Quiz are recommended to help prepare for HESI. (**Located in HESI Case Studies Folder**)
- PMH HESI Practice Exam & Quiz are available to help prepare for HESI (**Located in HESI Case Studies Folder**)
- All Clinical paperwork, including signed verification form is due the **Thursday** after the clinical activity @ **2359**.
- **HESI V1 Remediation due in Dropbox by 9/25/25 @2359**
- Upload your OB Community Verification form and the PMH Community Verification Form into the correct designated DROPBOX locations.