

The Art of Pediatric Nursing Practice Questions

A nurse is assisting a group of parents of adolescents to develop skills that will improve communication within the family. The nurse hears one parent state, "My son knows he better do what I say." Which of the following parenting styles is the parent exhibiting?

- A. Authoritarian
- B. Permissive
- C. Authoritative
- D. Uninvolved

A nurse is preparing to assess a preschool-age child. Which of the following is an appropriate action by the nurse to prepare the child?

- A. Demonstrate the assessment process using a transition object
- B. Use medical terminology to describe what will happen.
- C. Separate the child from the parent during the examination
- D. Keep medical equipment visible to the child

A nurse is preparing a toddler for an intravenous catheter insertion using atraumatic care. Which of the following actions should the nurse take? Select all that apply.

- A. Explain the procedure using the child's favorite toy
- B. Ask the parents to leave during the procedure
- C. Perform the procedures with the child in bed
- D. Allow the child to make choices during the procedure
- E. Apply lidocaine and prilocaine cream to three potential insertion sites

The nurse makes sure that a toddler has a teddy bear and that a night-light is on in the hospital room at bedtime. What concept would these nursing actions demonstrate?

- A. Nonmaleficence
- B. Justice
- C. Atraumatic Care
- D. Advocacy

A well-educated successful woman who gave birth to twins finds the care they demand overwhelming to her and her husband and calls the pediatrician's office. Which response by the office nurse to the mother would be most appropriate?

- A. "No amount of preparation can fully prepare prospective parents for an infant's constant and immediate needs, let alone twins. How can I help you?"

- B. "Everyone feels like that. You just need to accept that it's going to be difficult for a while and get as much help as you can. Understand?"
- C. "You should be enjoying the miracle of having twins and that they are fine and healthy. You had a great delivery. What more could you want?"
- D. "Get out of the house whenever you can and put the twins out of your mind for a short period of time or take a nice long walk to relieve the stress you're feeling."

The newest nurse on the pediatric unit is concerned about promoting family-centered care for the patient she cares for. She is working on an inpatient cancer unit and caring for a 7-year-old with leukemia. Which of the following are important actions for the nurse to consider that will promote family-centered care for the child and family on her unit? Select all that apply.

- A. Striving to empower the family
- B. Purchase toys and clothes for the child
- C. Explore the family's strengths that will support the child
- D. Call the child frequently after discharge to offer support
- E. Assess the families concerns and anxiety
- F. Restrict visitor access to the child
- G. Have a calming influence

Match the family type to the correct definition.

- A. Nuclear family
- B. Blended family
- C. Binuclear family
- D. Extended family
- E. Communal family

1. Parents who have terminated spousal roles but continue their parenting roles.
2. At least one stepparent, stepsibling, or half-sibling.
3. Two parents and their children.
4. Individuals who share common ownership of property and goods, and exchange services without monetary consideration.
5. At least one parent, one or more children, and other individuals.

Correct Answers:

A nurse is assisting a group of parents of adolescents to develop skills that will improve communication within the family. The nurse hears one parent state, "My son knows he better do what I say." Which of the following parenting styles is the parent exhibiting?

- A. Authoritarian*
- B. Permissive
- C. Authoritative
- D. Uninvolved

CORRECT: The nurse should identify that this parent is exhibiting an authoritarian parenting style. The parent controls the adolescent's behaviors and attitudes through unquestioned rules and expectations. The incorrect answers are: With a permissive parenting style, the parent exhibits little or no control over the adolescent's behaviors and consults the adolescent when making decisions. With an authoritative parenting style, the parent directs the adolescent's behavior, by setting rules and explaining the reasons for each rule setting. With an uninvolved parenting style, parents are often emotionally distant, provide little nurturance or guidance, and may neglect their child's needs.

A nurse is preparing to assess a preschool-age child. Which of the following is an appropriate action by the nurse to prepare the child?

- A. Demonstrate the assessment process using a transition object and role-play*
- B. Use medical terminology to describe what will happen.
- C. Separate the child from the parent during the examination
- D. Keep medical equipment visible to the child

CORRECT: When generating solutions to prepare a preschool-aged child for an assessment, the nurse should allow the child to role play or manipulate actual or miniature equipment on a transition object that will be utilized during the assessment. The incorrect answers are: The nurse should use neutral words, not medical terminology, when describing what will happen to the child during the assessment. The nurse should encourage caregiver presence not separation during the examination. The nurse should keep medical equipment out of site unless showing or using it on the child.

A nurse is preparing a toddler for an intravenous catheter insertion using atraumatic care. Which of the following actions should the nurse take? Select all that apply.

- A. Explain the procedure using the child's favorite toy*
- B. Ask the parents to leave during the procedure
- C. Perform the procedures with the child in bed
- D. Allow the child to make choices during the procedure*
- E. Apply lidocaine and prilocaine cream to three potential insertion sites*

CORRECT: Explaining the procedure using the child's favorite toy can assist the child to manage fears and provides atraumatic care. Allowing the child to make choices allows the child a sense of control over the situation and should be used to provide atraumatic care. A topical analgesic such as lidocaine and prilocaine cream decreases pain and should be used to provide atraumatic care. The incorrect answers are that the parents should be allowed to remain for procedures and offer comfort to the child. Safe places, such as the child's bed should be avoided.

The nurse makes sure that a toddler has a teddy bear and that a night-light is on in the hospital room at bedtime. What concept would these nursing actions demonstrate?

- A. Nonmaleficence
- B. Justice
- C. Atraumatic Care*
- D. Advocacy

Rationale:

- A. Nonmaleficence is the obligation to minimize or prevent harm; there is no situation present that would require this.
- B. Justice is the concept of fairness and is not applicable to this situation.
- C. Atraumatic care is the provision of therapeutic care in settings, by personnel, and through the use of interventions that eliminate or minimize the psychological and physical distress experienced by children and their families in the health care system. In this case, it is making sure that the toddler has a teddy bear and that a night-light is on to prevent a dark environment.
- D. Advocacy involves ensuring that families are aware of all available health services, adequately informed of treatments and procedures involved in the child's care and encouraged to change or support existing health care practices.

A well-educated successful woman who gave birth to twins finds the care they demand overwhelming to her and her husband and calls the pediatrician's office. Which response by the office nurse to the mother would be most appropriate?

- A. "No amount of preparation can fully prepare prospective parents for an infant's constant and immediate needs, let alone twins. How can I help you?"*
- B. "Everyone feels like that. You just need to accept that it's going to be difficult for a while and get as much help as you can. Understand?"
- C. "You should be enjoying the miracle of having twins and that they are fine and healthy. You had a great delivery. What more could you want?"
- D. "Get out of the house whenever you can and put the twins out of your mind for a short period of time or take a nice long walk to relieve the stress you're feeling."

Rationale:

- A. No amount of preparation can fully prepare prospective parents for an infant's constant and immediate needs. The entrance of any new member into a household creates stress, but with multiple births, two or more new members must be incorporated into the family at the same time. The problems are obvious. Two infants must be provided with physical care, including feeding, diapering, and all of the purchasing and preparation that accompany the care of any infant. Scheduling becomes crucial, and advancement in development brings new problems and adjustments. The nurse also asks the mother what help she needs by asking an open-ended question.

- B. This statement does not address what the mother is stating and ignores the call for assistance from the nurse. This is nontherapeutic.
- C. The nurse finishes with a closed-ended question requiring only a yes or no answer.
- D. Although exercise and activity are vital for the mother's well-being, the nurse is not paying attention to what the mother is saying, nor is the mother being given a chance to talk.

The newest nurse on the pediatric unit is concerned about promoting family-centered care for the patient she cares for. She is working on an inpatient cancer unit and caring for a 7-year-old with leukemia. Which of the following are important actions for the nurse to consider that will promote family-centered care for the child and family on her unit? Select all that apply.

- A. Striving to empower the family*
- B. Purchase toys and clothes for the child
- C. Explore the family's strengths that will support the child*
- D. Call the child frequently after discharge to offer support
- E. Assess the families' concerns and anxiety*
- F. Restrict visitor access to the child
- G. Have a calming influence*

Rationale: The correct answers are striving to empower the family, exploring the family's strengths that will support the child, and having a calming influence which are all elements of family-centered care. The incorrect answers are: to purchase toys and clothes for the child and call the child frequently after discharge to offer support because this goes beyond the nurse's role and is considered a violation of professional boundaries. Encouraging family presence, not restricting visitor access is an element of family-centered care.

Match the family type to the correct definition.

- A. Nuclear family - 3. Two parents and their children.
- B. Blended family - 2. At least one stepparent, stepsibling, or half-sibling.
- C. Binuclear family - 1. Parents who have terminated spousal roles but continue their parenting roles.
- D. Extended family - 5. At least one parent, one or more children, and other individuals.
- E. Communal family - 4. Individuals who share common ownership of property and goods, and exchange services without monetary consideration.

Rationale: A nuclear family consists of two parents and their children regardless of whether the children are biologic, step, adopted, or foster children. A blended family

consists of at least one stepparent, stepsibling, or half sibling. A binuclear family consists of two parents who have terminated their spousal roles but continue their roles for the children in the family. An extended family consists of at least one parent, one or more children, as well as other individuals who may or may not be related. A communal family consists of individuals who share common ownership of property and goods, and exchange services without monetary consideration.

References:

- ATI Nursing Education Content Mastery Series Review Module, "RN Pediatric Nursing" Ed. 12.0.
- ATI Nursing Education Content Mastery Series Review Module, "RN Nursing Care of Children" Ed.10.0.
- Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). *Wong's essentials of pediatric nursing* (11th ed.). St. Louis, MO: Mosby/Elsevier.