

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I felt on my toes throughout the whole simulation. I enjoy simulation, because anything can happen when in the patient's room. Any exposure is good exposure. Also I felt oddly confident, for example: things we learned in week one, I gave education on. I felt that I wouldn't remember but I did! I felt very proud of myself after.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew that my patient was GBS+, and what antibiotic to hang. She is allergic to penicillin and has asthma. This limited what could be given and we had the room ready in case she experienced anaphylaxis. Another thing would be patient centered care. My patient was in pain, but dad insisted that she did not have any pain medication. We got him to leave the room, and asked mom if she would like the medication with him out of the room. She agreed, and we almost got her some pain management. I say almost because she was 10cm and 100% effacement by the time we got the pain medication in the room.</p>
<p>What areas do you need to develop/improve?</p>	<p>I often can get very flustered. Throughout the modules I have felt myself evolve with confidence. Don't get me wrong, I still have a long road ahead of me, but I am proud of myself. I can answer most questions right away. In module one, I would've frozen. Opportunities like sim lab help those like me find confidence in things they already know.</p>
<p>What did you learn today?</p>	<p>There is always a solution, and opportunity to educate and/or get more education. We as nurses don't have the answers to everything, but it never hurts to ask questions. We are often told how some physicians and other nurses may not like when "silly" questions are asked, but me personally, I plan to ask about anything and everything.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>ALWAYS listen to the patient, not what others may say. As stated before, dad was speaking on mom's behalf, but once he left the room she finally got to express how she was feeling. Her pain was going unmanaged, and that will never slide with me. We got her to agree to take pain medication, and security was called just in case dad got upset.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<p>1. Clinical judgement: This may also be patient centered care, but it was my clinical judgment to have dad leave the room to ask mom how her pain was. Mom and dad agreed to not have any pain medication, but mom's pain was at a 6. She was worried about how the dad would feel about the medication. It was not up to him, which we communicated to her. My clinical judgement was to administer the pain medication, despite it not aligning with her birth plan. It was also communicated to mom that, while having a birth plan is a good thing, they are not always followed.</p>

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