

IM6 Critical Thinking Worksheet

04/11/2025
#3 05/07/25

<p>Student Name: Jessica Cervera</p>	<p>Nursing Intervention #1: -Help mom with baby latching</p>	<p>Date: 5/7/2025</p>
<p>Priority Nursing Problem: At risk for infection</p>	<p>Evidence Based Practice: Provides thermoregulation as well as increase milk production</p>	<p>Patient Teaching (specific to Nursing Diagnosis): 1. Monitor for temperature >101. 2. Monitor for abnormal discharge at perinium & foul odor.</p>
<p>Related to (r/t): 1° Laceration</p>	<p>Evidence Based Practice: Decreases chances of Patient getting DVT</p>	<p>3. Change pads every hour & avoid using powders or scented Soaps.</p>
<p>As Evidenced by (aeb): redness at perinium, Verbal expression of pain</p>	<p>Nursing Intervention #3: -Apply cold packs to perinium</p>	<p>Discharge Planning/Community Resources:</p>
<p>Desired Patient Outcome (SMART goal): The patient will report pain level ≥ 2 at the laceration site, & show no signs of infection (redness, discharge, foul odor) & shall demonstrate proper hygiene technique before being discharged</p>	<p>Evidence Based Practice: -Applying this will help decrease Swelling & will help manage Pain.</p>	<p>1. WIC 2. DSHS 3. The Parenting Cottage</p>

Student Name: Jessica Cervera

Date: 5/1/25

<p>Situation: Admit: 5/5/25 Patient Room #: 419 Allergies: NKDA Delivery Date & Time: 5/6/2025 @ 22:59 NSVD PC/S RC/S</p> <p>Indication for C/S:</p> <p>QBL: 311 BTL: LMP: 7/18/24 Est. Due Date: 5/6/25</p> <p>Prenatal Care: <28 wks <input checked="" type="checkbox"/> LPNC</p> <p>Anesthesia: None <input checked="" type="checkbox"/> Epidural <input type="checkbox"/> Spinal</p> <p>General Duramorph/PCA</p>	<p>VS: Q4hr <input checked="" type="checkbox"/> Q8hr 0800: BP: 118/74 Temp: 98.2 RR: 16 P: 69 O2: 96% 1200:</p> <p>Diet: Pain Level: 0 / 10 Activity: Ambulate</p> <p>Newborn: Male <input checked="" type="checkbox"/> Female Feeding: Breast <input checked="" type="checkbox"/> Pumping <input type="checkbox"/> Bottle Formula: Similac <input checked="" type="checkbox"/> Neosure <input type="checkbox"/> Sensitive Appar: 1min 0 5min 9 10min 9 Wt: 6 lbs 2.9 oz Ht: 19.5 inches</p>	<p>MD: Mom- Lainothe Baby- Dalton</p> <p>Consults: Social Services: _____</p> <p>Psych: _____</p> <p>Lactation: 5/6/25</p> <p>Case Mgmt: _____</p> <p>Nutritional: _____</p>
<p>Background: Patient Age: 25 y/o Gravida: 2 Para: 2 Living: 2 Gestational Age: 40 weeks Hemorrhage Risk: Low <input checked="" type="checkbox"/> Medium <input type="checkbox"/> High</p> <p>Prenatal Risk Factors/Complications: anxiety anxiety / depression</p> <p>NB Complications:</p>	<p>Maternal Lab Values: Blood Type & Rh: A+ Rhogam @ 28 wks: Yes No Rubella: Immune <input checked="" type="checkbox"/> Non-immune RPR: R / NB HbSAG: + / - HIV: + / - GBS: + / - Treated: Pen G x H&H on admission: 13.3 hgb / 38.1 hct</p> <p>Newborn Lab Values: Blood Type & Rh: _____ POC Glucose: _____ Coombs: + / - Q12hr (Q24hr) AC Glucose: 56 49 61 57 Bilirubin (Tcb/Tsb): 4.2 green CCHD O2 Sat: PASS Pre-ductal 98 % Post-ductal 100 % Other Labs:</p>	<p>Vaccines/Procedures: Maternal: MMR consent _____ Date given: _____ Tdap: Date given 5/12/25 Refused Rhogam given PP: Yes <input checked="" type="checkbox"/> No</p> <p>Newborn: Hearing Screen: Pass Retest Refer Circumcision: Procedure Date _____ Plastibell Gomco Voided: Y / N Bath: Yes <input checked="" type="checkbox"/> Refused</p>

Student Name:

Date:

Assessment (Bubblehep):		
Neuro: WNL Headache Blurred Vision	Breast: Engorgement Flat/Inverted Nipple	Episiotomy/Laceration: 1*
Respiratory: WNL Clear Crackles	Uterus: Fundal Ht 2U 1U UU U1 U2 U3	WNL Swelling Ecchymosis
RR 16 bpm	Midline Left Right	Incision: WNL Drainage: Y / N
Cardiac: WNL Murmur B/P 118 / 74	Lochia: Heavy Mod Light Scant None	Dressing type: _____
Pulse 69 bpm	Odor: Y / N	Staples Dermabond Steri-strips
Cap. Refill: < / = 3 sec > 3 sec	Bladder: Voiding QS Catheter DTV	Hemorrhoids: Yes No
Psychosocial: Edinburgh Score _____	Bowel: Date of Last BM 5/4/25	Ice Packs Tucks Proctofoam
	Passing Gas: Y / N	Dermaplast
	Bowel sounds: WNL Hypoactive	Bonding: Responds to infant cues Needs encouragement
Treatments/Procedures:	IV Fluids: Oxytocin LR NS	Antibiotics: _____ Frequency: _____
Incentive Spirometry: Y (N)	Rate: _____ / Hour	_____
PP H&H: 12.8 hgb 31.4 hct	IV Site: 18 gauge Location: R anterior	_____
HTN Orders:	Magnesium given: Y / N	_____
Call > 160/110 VSQ4hr	Dc'd: _____ @ _____ am/ pm	
Hydralazine protocol Labetolol BID/TID		
Recommendation:		
Monitor for signs of infection, change pad hourly		
Monitor the wet diapers to make sure adequate feeding & feed every 2 hours unless baby gets hungry before.		