

Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?

05/06/2025 - We had 2 hysterectomy's and two pediatric patients for bilateral myringotomy with tubes

2. The majority of the patients who came into the Outpatient
We only had 4 patients when I was in there today.

3. Surgery were from which age group? Was this what you expected?

One lady was 67 and I was not expecting that, however, I then remembered it is a women and children's hospital.

4. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?

We spoke to the patient's mother about the consent in pre op.

Then when the patient came back to post op, we gave popsicles,

and toys!

What types of procedures did you observe or assist with?

5. What are some common post-op instructions given to the patient/caregivers?
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?
7. What complications (red flags) from anesthesia did you watch for and how did you monitor?
8. What is the process for obtaining a procedural consent for a pediatric patient?
9. How does the NPO status change based on age or if infant takes breast milk vs formula?
10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team?