

Midterm Reflection

<p style="text-align: center;">Safety & Quality</p> <p>Describe anything you accomplished to maintain a safe, quality environment</p>	<p>I maintained all precautionary measures (contact, droplet, airborne, ect.) by using proper handwashing and sanitation techniques, by using proper PPE and by maintaining sterile technique when required.</p>
<p style="text-align: center;">Clinical Judgment</p> <p>How were you able to integrate classroom knowledge with the patient</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>I used knowledge from past modules and past experience regarding eating disorders to better anticipate the challenges and needs of my pt.</p>
<p style="text-align: center;">Patient Centered Care</p> <p>Identify one client, what concerns, recommendations/interventions would you suggest?</p>	<p>I would recommend more 1:1 monitoring and or telesitter and more mental health support.</p>
<p style="text-align: center;">Professionalism</p> <p>How did you maintain professionalism? What has this taught you about professional practice? About yourself?</p>	<p>I maintained professionalism by upholding school and organizational policy and procedures and by being empathetic to my pt's situation. I followed the outlined day to day procedures for my pt and communicated it with my pt and family.</p>
<p style="text-align: center;">Communication & Collaboration</p> <p>Describe how you utilized therapeutic communication/collaboration</p>	<p>I explained all cares and procedures prior to doing and made sure my pt understood. I gave her some autonomy in certain cares and was open to questions and there to listen to any concerns.</p>
<p style="text-align: center;">Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had? 	<p>Initially I felt a little nervous not being familiar with Covenant policy regarding eating disorder pt's but once it was explained to me and I was able to implement it I felt confident in my care. I was able to pickup on my pt's emotional ques and was able to implement care based on those.</p>
<p style="text-align: center;">Evaluation</p> <p>What stood out the most about the PICU</p>	<p>Teamwork! From the less acuity pt's to the critical, everyone helped everyone!</p>

