

NAME: Hanna GarrisonDATE: 5/5/2025**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	During other peoples' sims I felt more calm and comfortable, though when I was the TPCN for my own scenario, I felt very nervous. I believe this was because I want to be a good nurse more than anything and am always afraid of either missing something or getting something wrong.
What did you already know and do well as you provided patient care?	I was able to prioritize patient care, and perform interventions, then check and see if those interventions were successful. When they weren't I was either able to figure out the next step or knew to contact the physician.
What areas do you need to develop/improve?	It was really stressful for me to have both Alyssa and Trinity trying to push me to each do something different, and I ended up not being able to process correctly. I think that I need to work on that going forward and be able to keep steady even when there is chaos around me.
What did you learn today?	One of the biggest things I learned was to never completely trust someone, especially if they are being very dogged about something. Also, if I ever work in pediatrics, I need to be suspicious of everyone.
How will you apply what was learned to improve patient care?	In the future, when I have more training, I believe I will be able to remain calm when faced with a chaotic situation like I encountered. That's also something I can and want to work on going forward.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none"> 1. Safety and Quality – Having the baby stolen was a huge wakeup call for me, and I will definitely go to much greater lengths in the future to keep my patients safe, especially my pediatric patients. 2. Clinical Judgement – I was able to use critical thinking and attempt various interventions with my patient in efforts to stabilize. However, when I was unable to, I contacted the physician and was advised to admit the patient to the NICU 3. Professionalism – I didn't judge my patient's friend who stole her baby, or my patient for having such a friend. I truly believe we all have some good and bad in us, and that the bad things we sometimes do don't make us bad. I was also able to point her to some resources to help cope with the pain her friend's actions caused.

