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## FINAL CLINICAL REFLECTION

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	During the second half of my preceptorship, I felt much more confident. This is due to being there more hours and for more days, so I felt like I was able to apply the knowledge I had been gaining. I also still felt sadness at times. Several of the babies there are involved in CPS cases, and it is sad to look at someone so innocent and vulnerable and know there are serious family issues going on. Most of these issues will affect them for a major part of their lives.
What did you already know and do well as you provided patient care?	Other than the things I said last time, I now knew how to prime the tubing with lipids and was able to hook it up to the baby correctly. I was able to do this well in a sterile way to provide high quality patient care. I knew how to document and did better at managing a heavier patient workload. I was able to give all meds well, especially focusing on meds that we gave through the UVC. I hung the meds in a sterile manner and knew how to program the pump and run 1 mL of flush after each medication. I knew how nervous parents could be and was able to communicate with them in a calm and approachable manner.
What areas do you need to develop or improve?	I still need to improve on the speed of my charting. For the most part, I know what I need to chart but it still takes me a little bit to chart everything on all of my patients. I also need to develop my time management. Though I did improve on this, it can still be difficult to have 3 babies that all have the same care times and getting them done in a timely manner. Lastly, I would say I need to develop my knowledge of disease processes so that I am able to efficiently teach parents in a way that they would understand.
What did you learn today?	I learned about the process of tapping a CSF reservoir and watched them pull 20 mL off of the baby's head. I learned that the reason they used this was because the baby recently had surgery for his ostomy and they didn't want to put the drain that goes into the abdomen, due to wanting to give it a rest. I also learned and watched the process of when the transport team comes from Dallas Children's and how they safely transport the baby there. They will take an ambulance to the airport, then fly to Dallas where another ambulance would pick them up to take them to the hospital.
How will you apply what was learned to improve patient care?	I will apply my knowledge about the CSF reservoir and tapping by using it to teach families the process and what is going on with their baby. Now that I know why the reservoir was placed, I could explain to parents the reasoning for it. I can also apply what I learned from watching the Dallas Children's transfer, especially if I am the nurse with a patient going to Dallas Children's. I will be able to help keep the baby stable during transfer to the other bed and will give handoff again to the team. This will help me improve patient care by providing high quality care while helping keep the patient safe and communicating clearly with another team.