

## **Nurses Guide to Differentiate Between Type 1 and Type 2 Diabetes**

**Instructions:** Please complete the following tasks. You have 30 minutes to work on this.

1. **Question:** In your own words, describe the main differences between Type 1 and Type 2 diabetes. Consider aspects such as causes, age of onset, and treatment options.
2. **Case Study:** Read the brief patient scenario provided: "A 45-year-old patient presents with gradual weight gain, increased thirst, frequent urination and fatigue. Blood test revealed elevated blood glucose levels and a family history of diabetes". Based on this information, identify whether you suspect Type 1 or Type 2 diabetes and explain your reasoning.
3. **Critical Thinking:** How can nurses effectively educate patients about the differences in treatment options for Type 1 and Type 2 diabetes? Write two to three sentences discussing the implications for patient care and treatment.
4. **NCLEX Question:** Write 3 NCLEX questions pertaining differentiating between type 1 and type 2 DM. The question needs to be a multiple-choice question with one correct answer and several distractors. Please be prepared to have a detailed rationale for each answer, explaining why it is correct and why the other options are incorrect.

**Reminder:** Be ready to share your thoughts with a partner once you finish!