

## Clinical Reflection 2 - Children's ED

What feelings did you experience in clinical? Why?

During clinical yesterday, I felt a mix of concern and focus for a 22-month-old patient experiencing seizures. Despite the intensity of the situation, I was able to see how the nurses remained calm and focused on providing safe, compassionate care.

What did you already know and do well as you provided patient care?

Although I mostly observed, I understood that ensuring the patient's safety was the top priority during the seizure episode.

What areas do you need to develop or improve?

I need to improve my hands-on skills and confidence in responding during emergency situations.

What did you learn?

I learned the importance of timely interventions during a seizure, including administering oxygen, timing the seizure, monitoring vitals and giving medications like ativan and keppra to ensure patient stability.

How will you apply what was learned to improve your patient care?

I will apply what I learned by staying alert, recognizing the signs of a seizure quickly, and being prepared to support timely interventions to ensure patient safety and effective care.