

Final Clinical Reflection

I was very intimidated on my last day because I was going to take care of an intubated patient that had multiple meds, measurements due, and overall required a lot of attention throughout the day. The cares were at 8 and we had about three medications that we needed to change. The patient had a IJ and a PICC and has three pumps in the rooms. They have TPN, Lipids, Morphine, Precedex, and a steroid. During the first care we got measurements and changed all the medications, and it took a while, and we had another care at 9 so it was stressful morning trying to keep up. This patient was here due to a bowel perforation which explained why he needed to be on so many medications excluding the ones for their intubation. Previously they tried to extubate, and it did not go well they had to intubate again after 2 hours. During rounding they wanted to extubate again and my preceptor and me though it was a bad idea due to their multiple desaturations, plus the two bradycardias and apneic events. Those events required us to turn up the FiO₂ to 100% and the patient was still in the event even with major stimulation. The physician rounding also wanted to get rid of the IJ which would be a problem due to the multiple incompatibilities with TPN and the D10 with heparin. The team went through what else we had to do to make it compatible but ended up leaving the IJ in. This patient was also due for a IJ dressing change and we had two charge nurses who did not really agree with how to change it. So, we let them talk and we decided to just use a tegaderm for the dressing and not the dressing change kit. We had a busy last day with it being a Monday and having multiple medication changes during the day.

That same day around 5:45 there was a code called, and my preceptor was on the code team. We ran up the stairs to the delivery room and she was in charge of keeping the times and I watched how the team worked while helping where I could. They got the preemie into the radiant warmer bed and went down to the NICU. While we were in the elevator the NP was explaining to the dad what was going to happen and what to expect. My preceptor got the consents when we got there and went through the consents with the dad. She then moved on to getting the cord blood and sent down a culture and CBC. I caught up on our charting when I couldn't help with anything and also had to go into one of our patients rooms to fix an issue with a pump. I went back and observed what was going on until they got the isolette closed and then we debriefed. It was a great learning experience to see how a code is run and how well the nurses worked together to make sure everything ran smoothly. They did a lot of things well and the only issue they wanted to

resolve was having an isolette bed prewarmed for the infant when there was another code ran. I had a really great last day and got to learn a lot.