

1. I felt very nervous for sim. I think it happens each time just not knowing what to expect, however I was excited and had fun!
2. I already knew how to treat certain experiences that patients may have had with birth and birthing plans. I think this helped provide the appropriate care!
3. I need to develop my therapeutic communication a bit more as well as work on being confident.
4. I learned how to manage a patients stress and how to point them in a more positive direction
5. I will apply what I learned in order to provide better patient care and achieve that the client has a positive birth experience.
6. Clinical judgement: I used clinical judgement to determine the proper advice to give my patient on keeping her cat or not.
7. Patient centered care: I used patient centered care in order to meet my patients needs with her birth and managing the stress of her and her mother.