

Pediatric ED Reflection Questions

1. What types of patients (diagnoses) did you see in the PED?

I saw patients that were diagnosed with anorexia, ringworm on their left forearm that was 3cm big, gastroparesis, and most of them came to check if they have strep.

2. The majority of the patients who came into the PED were from which age group? Was this what you expected?

The majority were school age. I did not expect this, I thought there would be more toddlers.

3. Was your overall experience different than what you expected? Please give examples.

Yes, I thought that when they get a patient, everything would be rushed. I also thought they would do more stuff that I haven't seen yet but they usually just listen to the patient's lungs and tell them that the nurse practitioner was going to talk with them. They also mostly did throat swabs.

4. How did growth and development come into play when caring for patients (both in triage and in treatment rooms)?

It came into play when they interacted with kids in different age group. The nurses knew the appropriate way to interact based on the patient's developmental stage. They used the right words and knew how to calm them down when they felt scared. They knew what topics to talk about when they tried to have a small conversation with the patient.

5. What types of procedures did you observe or assist with?

I saw them do EKG, x-ray, and throat culture

6. What community acquired diseases are trending currently?

Measles

7. What community mental health trends are being seen in the pediatric population?

Suicidal ideation and eating disorders

8. How does the staff debrief after a traumatic event? Why is debriefing important?

Nurses and doctors debrief about what they did good and what they need to do better and improve. Debriefing is important because it's the time where each staff can reflect on what they did, what they need to change, what they need to do to improve and to think of more ideas to prioritize patient safety.

9. What is the process for triaging patients in the PED?

They prioritize patients based on which one's need immediate attention. 1 being the most where there's cardiac arrest and 5 being the one's where it's not an immediate care.

10. What role does the Child Life Specialist play in the PED?

They asked and tried to calm down the patient, they asked the mom and the child what their preference was and just tried to be there for them. They tried to make the whole stay less traumatic and helped make them feel safe.