

IM6 Critical Thinking Worksheet

Student Name: Emily Arismendez	Nursing Intervention #1: Fundal Massage q 15 min the 1 st hr post birth and then q 30 min the 2 nd hour and then q 4-8 hrs until discharge	Date: 4.30.25
Priority Nursing Problem: Postop SVD on 4.29.25 @1217 24 y/o F, 37 wks and 1 day G5 P3 L3 Admitted for HX of significant IUGR	<i>Evidence Based Practice:</i> A fundal massage should help contract the uterus and make it firm.	Patient Teaching (specific to Nursing Diagnosis): 1. Alert the nurse if blood clots found in peripad are the size of an egg or larger. 2. Change the pad every hour to prevent the risk for infection in peri area. 3. Alert nurse if they experience symptoms such as dizziness, feeling faint, increased heart rate, low blood pressure, pale skin, nausea or vomiting.
Related to (r/t): Post Op hemorrhage (She is a medium risk for hemorrhaging) As Evidenced by (aeb): Preterm birth Previous Pregnancies Prolonged labor	Nursing Intervention #2: Admin Oxytocin or other prophylactic uterotonics	
Desired Patient Outcome (SMART goal): Specific: retract uterus down to prevent blood loss Measurable: blood loss in peripad and VS q4 hr Achievable: by massaging fundus Realistic: admin oxytocin to help uterine contract Timed: uterus should retract to normal	<i>Evidence Based Practice:</i> <i>Crystalloids like NS or LR and blood products work to prevent hypovolemia and maintain hemodynamic stability.</i>	Discharge Planning/Community Resources: 1. Lactation if baby is still struggling to eat on left breast. 2. Physical Therapy for strengthening cervix when cleared in 6 weeks to exercise 3. Post partum therapist to assess for postpartum depression

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Date:

size in 6-8 weeks		