

Aspire, AA and Oceans Reflection (300 word minimum)

<p>Safety & Quality Describe anything you accomplished to maintain a safe, quality environment</p>	<p>When checking into the place they do ask to see your badge. Many places also have a keypad to type in a code. I think it's great for all the men in there. No one can go in without a code to their bedrooms.</p>
<p>Clinical Judgment As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>I enjoyed seeing how a lot of the withdrawal and intoxication of many different substances took action. Everyone had a different story , but when they talked about how they felt when withdrawing, it was exactly how we learned. Something new, I learned was about a substance called Kratom. The leader was explaining to us that it is easily accessible at places like the gas station. However, he said that the withdrawal looks like a heroin withdrawal on steroids. I found that very interesting because I had never heard of this drug. I loved that he involved us and told us if we are ever treating someone who looks like a heroin overdose, but use of heroin is absent, that it will most likely be Kratom.</p>
<p>Patient Centered Care Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>There was a young man there who said he did not want to be there. He was only attending because he had a court order. If he did not attend, he would be spending time in jail. I think that involving him specifically more into group therapy and one one-on-one therapy could be beneficial. It may be able to help him see that he does have a substance abuse disorder and will accept help.</p>
<p>Professionalism</p>	<p>Professionalism was shown when the therapist was</p>

<p>How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?)</p>	<p>talking to all the pts. She never overstepped and always knew exactly what to say and how to help them.</p>
<p>Communication & Collaboration Describe how you utilized therapeutic communication/collaboration</p>	<p>Therapeutic communication was used in all aspects of this place. There was quiet of bit of cussing but that made the men be more comfortable with the place and themselves. Everyone was able to open up.</p>
<p>Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had? 	<p>At first, I was a bit afraid, but after getting a tour of this place, I was no longer afraid. The owners were very open about sharing the story about the place and about themselves. When being in the therapy section, you could tell that the owners really do care about the men in there. I think that it is amazing that a place like this exist.</p>
<p>Evaluation What stood out the most about Aspire, AA, or Oceans</p>	<p>I really enjoyed Aspire. I really did not want to go but once being there I enjoyed it. They owners, patients, and everyone else were very welcoming. I was never afraid to ask any questions. I also believe that it is very eye opening.</p>