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POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt nervous and anxious at the beginning of my OB SIM clinical. I get nervous at the beginning of every clinical but Mrs. Soliz calmed my nerves doing a practice round. It helped me prepare better for my patient.
What did you already know and do well as you provided patient care?	I feel like I did a good job explaining to the patient what the group b antibiotic was for. I also felt like I did a good job initiating intrauterine resuscitation.
What areas do you need to develop/improve?	I believe I need to improve on my therapeutic communication. I felt that I wasn't great at communicating when my patient was suspected of being in an abusive relationship.
What did you learn today?	I learned to titrate the oxytocin slowly. Because of my mistake my patient went into late decelerations and I had to do IUR. I also learned to take my time, because I was going to fast I forgot to scan my medication.
How will you apply what was learned to improve patient care?	I will apply what I learned by taking my time with medication administration. As well as talking more to the patient even if I feel uncomfortable. I also learned to advocate for my patient.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.	<ol style="list-style-type: none"> <li data-bbox="560 1402 1510 1690"> 1. <u>Patient Centered Care:</u> I was able to demonstrate patient centered care with my patient. I suspected that my patient was a victim of a domestic violence relationship. She was in pain and wanting to get pain medication but her partner was not allowing it. I was able to get the charge nurse to distract him while I administered her medication. I also told her that if she felt unsafe at any time to let us know and that we would monitor her more often to make sure she was safe. <li data-bbox="560 1837 1510 2005"> 2. <u>Communication & Collaboration:</u> I was able to demonstrate communication and collaboration when explaining to my patient that her baby was showing signs of late decelerations. I explained that the late decelerations were happening because she was contracting so much that her baby wasn't getting

enough oxygen. I also did IUR and explained to my patient exactly what I was doing as I was doing it. I also explained effectively what caused group b and the antibiotics that would be administered.

3.

