

Covenant School of Nursing Reflective Practice

Name:

Instructional Module:

Date submitted:

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Step 1 Description

When I first got to the L&D unit, my nurse did a cervical exam & the pt was 1cm dilated. We were giving the pt misoprostol for cervical ripening. Later in the morning, the dr. came by & ruptured her membranes & placed a FSE & IUPC. Then the anesthesiologist came by & placed an epidural. I then placed a catheter & my nurse did another cervical exam & the pt was dilated to 4cm.

Step 4 Analysis

I felt confident reading the strips due to my knowledge I learned in class. Everyone's birthing process is different but I believe it helps each pt a lot if they are educated well and know exactly what is going on.

Step 2 Feelings

I was very excited in hopes to see a delivery. I liked this floor a lot & everyone was super nice. My patient was in a lot of pain at some points and I felt bad for her. When I placed the catheter I felt confident. I wish I got to see a delivery, but overall I had a great day.

Step 5 Conclusion

I learned that pregnancy & birth are difficult but can be done. I think that pt education is so important. I think we stayed and talked with the patient for a good amount of time but could always be more & get to know the mom a little better.

Step 3 Evaluation

The mom was super sweet but it was difficult to see her in so much pain. It was good to see the husband involved & helping mom. My nurse I was with did a good job educating the pt.

Step 6 Action Plan

I learned so much today! I am now more confident in my skills and I will explain everything in detail to each of my patients. It is so important for the pts to know what is going on to ease their mind.