

NAME: _____ Alyssa Clements _____ DATE: _____ 4/30/2025 _____

POST-CLINICAL REFLECTION **OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	This was the first clinical experience that I have enjoyed. It was still stressful at times but overall, a good experience.
What did you already know and do well as you provided patient care?	I had review a lot of the stuff that we learned from week 1 going into the scenarios. The only thing that I remembered was to rub the fundus if it was boggy and to up the oxytocin.
What areas do you need to develop/improve?	I still need to work on therapeutic communication.
What did you learn today?	I learned that you can have your priorities all planned out, but when you get in a patient room, priority will change. Being adaptable is very important.
How will you apply what was learned to improve patient care?	Doing the scenarios and having to read the fetal monitors was a good review before we are on L&D next week. I can be an extra set of eyes on those monitors and be confident reading them.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none">1. Safety: I learned that even if someone is in the patient room that has the patient's approval for being there. There will always be a possibility for that patient to have intentions that will harm the patient... Or steal their baby.2. Clinical Judgment: During my scenario I was dealing with two problems with my patient and I was having to switch back and forth treating because they were both priorities. It was hard because I couldn't focus on one at a time.