

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

Cynthia A. Cerda

04-29-2025

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I felt anxious at the beginning and felt more at ease as we moved through the scenarios. I think just the novelty of it all. I felt apprehensive when I was assisting with the hemorrhage patient and irate when encountering the IPV scenario. Those both caught me off guard, but I was glad to have those types of scenarios to think through.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I could teach the patient what to expect in this stage of labor and the difference between false and true labor.</p>
<p>What areas do you need to develop/improve?</p>	<p>I need to improve by having confidence in what I know and not being timid. I need to speak with confidence and be prepared to answer or find the answers needed.</p>
<p>What did you learn today?</p>	<p>I learned that I went much deeper on my paperwork than needed. But that was okay because I was prepared for the possible progressions of labor and the problems.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I always learn a ton from my classmates and how they approach scenarios and how they keep a straight face with various patients. I learned what doing Leopold's feels like. Being able to witness Magnesium toxicity was something I will not forget and the pt being unresponsive. I will apply my experiences from today to my patient care.</p>
<p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p>	<p><b>1.PATIENT CENTERED CARE</b>            I utilized therapeutic communication in visiting with my patient and her sister and made sure that they understood the difference between false and true labor. I listened to their questions attentively and addressed their concerns about nurses being "mad" at them for returning.I assured them that we are here for them and that we would rather be safe than sorry.</p> <p><b>2.COMMUNICATION &amp; COLLABORATION</b>            I collaborated with my helper nurse, CN, and physician to provide quality care to my patient.            I demonstrated prompt status change to provider using SBAR in determining labor phase, so he could determine next course of action.</p>

	<p>3. I demonstrated professionalism by advocating for my patient and requesting my CN to notify caseworkers to assist with financial hardship they are encountering right now.</p>
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