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Student Name: Ashtyn Ponce

Date: 4/29/25

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

0900 Admin dx post menopausal vaginal bleeding. appears
slightly uncomfortable. remains cooperative and positive. — NP

Neurological—sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented x3. response appropriate for sharp and dull sensations
HGTW equal and strong bilaterally. moves all extremities on command.
Movements are coordinated and deliberate. speech is clear and
coherent. speaks English clearly. — NP

Comfort level: Pain rates at 8 (0-10 scale) Location: R Hip/Thigh

Psychological/Social (affect, interaction with family, friends, staff)

Cheerful, friendly affect with staff. no family present at bedside. — NP

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

EENT symmetrical, no drainage. dentition clean. nodes non-
palpable. Swallowing was observed, demonstrated without difficulty — NP

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical. trachea midline. respirations 18, even and
unlabored. breath sounds clear to auscultation on upper lobes. lower
lobe sounds were diminished. rhythm even. depth moderate. pattern
even. — NP

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S₁ & S₂ available with regular rate and rhythm. apical rate 74. radial
rate 70. radial pulses 2+ bilaterally. pedal and post tib. pulses 1+ bilaterally.
nail beds normal for race, capillary refill 2 seconds. pater between heart
beats even. — NP

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) abdomen round and distended. symmetrical. umbilicus midline. active bowel sounds x4 quadrants. tenderness noted x4 quadrants upon palpation. no guarding.

Last BM 4/27

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) continent. voids clear, amber, urine. a few blood clots noted. no urgency. using purewick. no odor noted. denies discharge.

x4 Urine output (last 24 hrs) NA LMP (if applicable) NA

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) alignment midline, even. posture center and upright. gait favors left side, slight limp. displays full ROM in all extremities. walks with a walker. no deformities noted. MP

Skin (skin color, temp, texture, turgor, integrity) color appropriate for race. warm to touch. texture smooth. turgor elastic. integrity intact. painless lumps the size of golf balls noted on R neck, R post tibial, L forearm. AP

Wounds/Dressings

L - peripheral IV 20G - dressing C.D.I.

Other