

Student Name: Andrea Fabela

Date: 4-29-25

## Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).**

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

Time: 0843

Diagnosis: severe abdomen pain/discomfort

General Appearance: supine position, in pain, tired

**Neurological-sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC: Alert & Orientated x4

Speech: Speaks fully/

Sensation: x6 intact

well english

Strength: HGTW equal & strong bilaterally

Coordination: Coordinated

Pupil Assessment: pupils 3mm equal, round reactive to light

Comfort level: Pain rates at 0 (0-10 scale) Location: Abdomen

**Psychological/Social** (affect, interaction with family, friends, staff)

Affect: Calm, quiet, friendly affect

Interaction: appropriate w/ staff

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Symmetry: align axis

Dentition: has

Drainage: none in any location

all teeth intact

Nodes: non-palpable

Swallowing: Swallowing w/out difficulty

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest Configuration: Chest symmetrical, trachea midline

Breath sounds: CTA bilaterally in all lobes, breathing room air

Rhythm/Pattern: Even & unlabored

Rate/Depth: Resp. 15, can take deep breathes

**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Heart sounds: S<sub>1</sub> & S<sub>2</sub> audible

Apical: 81 Radial: 2+ bilaterally

Rhythm/Pattern: regular

Radial/Pedal Pulse: 2+, 81

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**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Bowel Habits: had a BM in morning, diarrhea

Appearance: Distended, bloated

Bowel Sounds: Hyperactive x4 quadrants

Tenderness to palpation: reported painful

Last BM 4/29/25

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Frequency: 3-4 hrs Urgency: NO urgency

Continence: Continence

Color, clarity, odor: clear, yellow, no odor

Vaginal discharge: None

X1 Urine output (last 24 hrs) 425ml LMP (if applicable) N/A

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)

Alignment: align have balance

Posture: laid down

mobility/gait: steady

Movement in extremities: movement in all extremities

Deformities: none

**Skin** (skin color, temp, texture, turgor, integrity)

Skin color: PINK

temp: WARM

texture: smooth

turgor: elastic

**Wounds/Dressings**

Dressing: Dressing w/out redness or swelling, CDI on peripheral site (RA)

Abdomen wound: Sutures, open to air, no drainage, clean & intact

**Other**

N/A