

IM6 Critical

Student Name:

Maddie

Brouillette

Thinking

Nursing Intervention #1:
Worksheet

Ambulation

Date:

4/29/25

Priority Nursing Problem:

WATCH for Postpartum

hemorrhage

Evidence Based Practice:

Prevent blood clots
Helps reduce use of pain meds
Faster healing
Help bowel function

Nursing Intervention #2:

Promote bonding

Patient Teaching (specific to Nursing Diagnosis):

1. Report any excessive bleeding or if you have a soaked pad in under an hour
2. Report if you feel super dizzy or if you have sudden severe pain.
3. Seek medical care if you feel short of breath or start to cough up blood

Related to (rt):

Emergency C-section

As Evidenced by (aeb):

low BP, high HR
Heavy bleeding
Unmedicated, dizzy

Evidence Based Practice:
Can help w/ breastfeeding
reduces postpartum depression
sense of security

Nursing Intervention #3:

Partner Education

Evidence Based Practice:

1st child, so there is a lot for mom to know: Baths, diaper change, breastfeed, etc.

Discharge Planning/Community Resources: OADR, lactation specialist

Psychiatrist to prevent PP depression
Nurse-family partnership - home visits, beneficial for 1st time moms