

FINAL CLINICAL REFLECTION

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I think that I learned from the first half of clinicals and really focused on the improvements I needed to make. Instead of feelings the nerves and anxiety, I went in with confidence for the second half and went in with a different perspective to show the patients and the parents that the care they were receiving was going to be the best they had gotten. I feel that after the first 5 shifts, the second 5 helped me gain so much confidence in being on my own soon.</p> <p>I think that the conversations I had with Daniela and breaking down her expectations but also that she had confidence in me allowed me to push myself to do the same.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I think my therapeutic communication with the kids I looked after and the teachings that I did for the different developmental levels was really good. It was hard at first but then once I got the hang of it, I think it was one of the things I did best, and also become one of my favorite things to do. I even had a kid tell me on my last day he didn't want me to leave, and it made me feel so good.</p>
<p>What areas do you need to develop/improve?</p>	<p>I think charting assessments specifically for me was still a struggle as well as respiratory assessments and hearing the different lung sounds. It is hard for me to understand exactly what they are and how to chart them or if I need to contact someone.</p>
<p>What did you learn overall?</p>	<p>I think I learned certain disease processes a bit better and how they can each be so different depending on who the patient is. Your care is going to be different for each patient as well and how they handle it will show you how to approach it. For example, we had a new T1DM come so they had to do the diabetic teaching and we also had to show them how to care for it at home, but the child was terrified of the needles for both the glucose checks and the shots. They came in on a weekend so child life wasn't there, but I think this child would have benefitted so much more because any time we came in the room she thought it was for a shot so she would not even speak to us.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>Similar to my mid-term, I think I can use all of what I learned to improve my care for my patients. I think that I will be sure to look at doctor's orders in the morning and maybe get a better grasp of those before going into patient rooms.</p>