

## Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?
  - Hysterectomy & Salpingectomy, Subdural Peritoneal shunt removal, Bilateral myringotomy and dental work
2. The majority of the patients who came into the Outpatient Surgery were from which age group? Was this what you expected?
  - 54 yr old with a hysterectomy is something that I expected to see often at that age. Also 10mo going for dental or and 13mo going bilaterally myringotomy were also expected.
  - Seeing a 10 mo. getting shunt removal was not expected
3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?
  - With our 10 mo. stranger danger wasn't developed yet which made it easier to assess and wasn't scared of us.
4. What types of procedures did you observe or assist with?
  - Was able to observe a IV on a 12yr old using the J-Tip for the first time
  - I also go to do a lot of post op vitals.
5. What are some common post-op instructions given to the patient/caregivers?
  - For dental work, children shouldn't use straws for a while.
  - When coming back with myringotomy tubes its normal to be unbalanced and moody
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?
  - Breast feeding
  - Videogames
  - Talking to them while getting IV inserted
  - Playing with playdoh
7. What complications (red flags) from anesthesia did you watch for and how did you monitor?
  - Respiratory distress due to congestion back from surgery and we monitored O2 sats and RR.
8. What is the process for obtaining a procedural consent for a pediatric patient?
  - Asking the parent if they know what the child is going for and to explain it in their own words, asking if they approve to get blood products, identify allergies and also document any belongings they had with them.
9. How does the NPO status change based on age or if infant takes breast milk vs formula?
  - Breast milk: 4hrs, Formula: 6hrs, Clear liquid: 2hrs, Liquids:6hrs & Food: 8hrs
10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team?
  - They tried keeping the children calm and entertained by giving them things to play such as playdoh, lego blocks, coloring and videogames.