

4-23-25

## Outpatient Surgery Reflection Questions

1. What types of patients (diagnoses/surgical procedures) did you see in the Outpatient Surgery?  
3 Circumcision, Ovarian Cystectomy, Closed vs open reduction internal fixation radius
2. The majority of the patients who came into the Outpatient Surgery were from which age group?  
0-24 months  
Was this what you expected?  
No, so much better
3. How did growth and development come into play when caring for patients (both in preop and in postop rooms)?  
Plays a big part. Seen a lot of separation anxiety
4. What types of procedures did you observe or assist with?  
a lot of circumcisions
5. What are some common post-op instructions given to the patient/caregivers?  
making sure can void, monitor for fever, how to properly clean incision site, don't submerge
6. Give examples of non-pharmacological comfort nursing interventions you saw preop and postop?  
Wagon rides, stickers, ipads
7. What complications (red flags) from anesthesia did you watch for and how did you monitor?
8. What is the process for obtaining a procedural consent for a pediatric patient?  
Making sure legal guardian present & able to state what child is going for
9. How does the NPO status change based on age or if infant takes breast milk vs formula?  
2 hrs before procedure is ok; notice gave some sweeties to infant to by time
10. What role does the Child Life Specialist play in the Outpatient Surgery? If not observed, how could they be part of your interdisciplinary team?  
Help calm the child, great at distracting the child. Helping the child be in control of what happens to them.