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POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359
To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I was nervous and waiting for a surprise when I went in to assess my patient but after my assessments I felt confident in my care and helped my patient give birth to her baby after she discovered she was 35 weeks pregnant.
What did you already know and do well as you provided patient care?	I performed IUR and did this well. It increased variability in my baby's FHR. Baby began receiving adequate oxygen.
What areas do you need to develop/improve?	I could improve on my care for the family member. I should have acknowledged her better and included her in our care.
What did you learn today?	I learned the purpose of Terbutaline is to slow contractions to allow for IUR but contractions can still increase and allow for dilation. This is why my patient gave birth.
How will you apply what was learned to improve patient care?	I could have prepared my patient for pregnancy better. I could have had the Physician in the room earlier and prepped faster.
Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.	1. Safety and Quality - Walked in to my patient's room and the IV was not set at 125mL an hour and was instead at 100mL. I was already going to change it to a Bolus though because she needed IUR interventions 2. Clinical Judgement - I went in and completed IUR on my patient. I turned her on her left lateral side, turned off oxytocin, bolus LR, and applied 10L of Oxygen. IUR interventions were necessary because I went in and there weren't any accels and no variability on FHR monitor.