NAME: _____ DATE: _____

Julie Boren 04/23/2025

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I experienced a little bit of anxiety regarding SIM just due to not knowing what to expect.
What did you already know and do well as you provided patient care?	I felt that I educated my patient well on GBS positive testing, antibiotics, and the potential effects on her newborn in the event that she did not want antibiotics.
What areas do you need to develop/improve?	I was not prepared for imminent delivery and was more reliant on my fellow nurses than I would have liked.
What did you learn today?	I learned more about how Terbutaline worked as well as how to actually use intrauterine resuscitation. It was very beneficial to be able to put the “four turns” into practice. It was also a good learning experience to be able to work with Pitocin on the IV pump.
How will you apply what was learned to improve patient care?	I got to experience the use of therapeutic communication and emergency interventions as well as good communication techniques with family. I also feel that I am better able to interpret the fetal heart monitor and contraction readings as well.
Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**	1. Patient centered care: I used patient-centered care in my own scenario when the patient’s mother interfered with pain management, as well in other scenarios when family members were anxious and were actively interfering with care. 2. Clinical judgement: I was able to identify fetal distress, prioritize delivery measures and intrauterine resuscitation measures over antibiotic therapy, and deliver the baby safely. 3. Communication: My classmates and I all delivered SBAR assessments to the oncoming nurses as well as providers during the simulation. We also all communicated well during the scenarios.