

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>I was nervous going into SIM because I wasn't sure what to expect but as we went through a couple of scenarios, I got more comfortable.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew how to read the electronic Fetal monitor and I think I did well reading the baby's heart rate and looking at moms contractions.</p>
<p>What areas do you need to develop/improve?</p>	<p>I think I could work on my SBAR when talking to the physician and making sure I read the orders back.</p>
<p>What did you learn today?</p>	<p>I learned different interventions I can do in different situations. I also learned that it is so important to inform mom on what is happening because it can be scary for them.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will be confident in what I am doing and I will make sure I have good communication with the mom to make sure she knows exactly what is going on.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<ol style="list-style-type: none"> 1. I think I used good critical thinking skills. I was able to notice when something was wrong on the electronic fetal monitoring and doing appropriate interventions to help improve the mom and baby. 2. I believe that during the scenarios we used good professionalism. When one of the patients was abducted we stayed calm for the mom and contacted who we needed to to find the patient. 3. Safety and quality - I formulated a plan of care before I walked into the patient's room and assessed what I needed to, just dependent on that patient and their needs. I believe I also had safety during medication administration.

