

Aspire Clinical Reflection
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Safety & Quality

I maintained patient confidentiality during and after the clinical

Clinical Judgement

Robin led the group tonight, and he discussed denial and how they used substances to be able to distance themselves from the things about themselves they wanted to avoid and not look at. However, everything he discussed could be applicable to everyday life.

Patient Centered Care

There was a gentleman who'd had strain in his marriage due to his substance use. My primary concern would be restoring the relationship to a healthy level and maintaining it. In order to do that I would recommend couple's counseling to help facilitate open communication and understanding of where the other is at so they can move forward together.

Professionalism

I didn't ask any deeply personal questions of the patients, and I didn't share anything about myself other than what was relevant to my role as a nursing student without revealing personal details

Communication & Collaboration

I didn't really have much opportunity to communicate directly with the patients other than to play some football.

Feelings

I was a little nervous at first, due to it being an unknown facility to me as I'd never heard of it before. However, once we went in and received a tour and met everyone, I absolutely loved it. The facility was beautiful, and all the staff and patients were incredibly welcoming. My other classmates and I threw the football with a couple of guys, and it was really heartwarming to experience comradery with men whose names I didn't even know. However, when it comes to connecting with people, I don't really need to know their names, because I don't need them in order to see them as the people they are. Also, being able to simply see these men who were just like everyone else and working so valiantly to get their lives back on track was nothing less than humbling.

Evaluation

Talking to Robin about what his primary purpose and goals were for the facility and how he carried them out was nothing short of inspirational. It was apparent from talking to him that his primary goal is to help people recover from addiction and to get their lives back on track, not the money that comes from those kinds of facilities. I hope that some day other treatment facilities will follow Robin's example, and help many more people to recover from addiction and get their lives back.