

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>Prior to walking into my scenario, I was a bit anxious just because I couldn't help but wonder what could/would go wrong. I am glad to say that once I got into the room and began to assess and help my patient, I sort of just got into a flow and was able to go through the scenario without having any more extra anxiety.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I knew what to look for in terms of the fetal heart rate monitor along with general things to observe and look for in the mother of the scenario. I think I did well in identifying the tachysystole/late decels and responded accordingly.</p>
<p>What areas do you need to develop/improve?</p>	<p>I feel as if I need to improve on being more outspoken, as I feel like I sort of take the role of observing and doing the things that no one else is doing, which is not a bad thing all of the time; however, I do feel as if being more vocal could help in the long run.</p>
<p>What did you learn today?</p>	<p>I learned that even if you have a feeling as to what may happen in your scenario, your priorities can still get jumbled as the scenario goes along. Being adaptable goes a long way.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>I will apply what was learned by keeping better composure when things are not going as I expected them to go. This is an essential skill and I am glad that I was able to gain it prior to beginning my career.</p>
<p>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<p>1.) Safety and quality: I implemented safety and quality by following all of the proper steps when administering medications.</p> <p>2.) Clinical Judgement: I used clinical judgement to initiate the four turns when I noticed the tachysystole along with the late decelerations on the fetal heart monitor.</p> <p>3.</p>
