

NAME: MARISSA TORRES

DATE: 4-10

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

**Reflection Question**

**Nurse Reflection**

What feelings did you experience in clinical? **excited and eager to learn more.**

Why? **being able to have control over the care for a patient on my own.**  
**L the simulation of the birth was cool to see up close.**

What did you already know and do well as you provided patient care? **room orientation and what supplies were needed for my intervention.**

What areas do you need to develop/improve? **more in depth knowledge of what to do if things turn emergent with baby while inside of mom still.**

What did you learn today? **Low dose oxytocin protocol, how to enforce the 4 T's in real life. and that not every nurse on the previous shift will handle meds/IV pump as they are supposed to.**

How will you apply what was learned to improve patient care?

**Triple check everything. Taking baby's status on the monitor more serious than I thought them out to be in the first place. while mom is laboring, Its babys**

Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**

- 1. how crucial it is to show! have an open/clear communication and plan in place for every possible outcome.**
- 2. we wont always have someone around to help. so learning to really prioritize care to ensure safety of mom and baby.**

# Marissa Torres

IM6 Student Learning Outcomes				
Safety & Quality	Clinical Judgment	Patient Centered Care	Professionalism	Communication & Collaboration
Formulate a plan of care for the childbearing family, and the patient with mental health disorders using evidence-based practice, safety, and quality principles.	Demonstrate clinical judgment using evidence-based data in making clinical decisions for the childbearing family, and the patient with mental health disorders.	Demonstrate family centered care based on <u>the needs of the childbearing family, and the patient with mental health disorders.</u>	Relate knowledge, skills, and attitudes required of the professional nurse by advocating and providing care to the childbearing families, and the patient with mental health disorders.	Communicate and collaborate effectively with <u>patients, family, and members of the interdisciplinary team in the childbearing family, and the patient with mental health disorders.</u>

Cynthia Williams - outpatient scenario.  
is used for patient centered care SLO.

Safety & Quality:

Clinical Judgment:

(day #1) 4-15-25  
mom was extremely anxious due to her previous pregnancy ending in a stillbirth at 39 weeks. In order to keep labor progressing. It was important to have an extra nurse in order to explain things in terms she understood more in depth than a mom who had not experienced stillbirth. had she not have had that extra support. her mental health could have deteriorated, labor could have stalled and the entire experience could have been negative. reassurance of steps taken and extra eyes on baby allowed mom to still be nervous, but about another aspect of her labor, other than being afraid of another stillborn.

Professionalism:

(day #2) 4-14-25  
watching another scenario other than my own, I got to see the importance of repeating back an over-the-phone physician order. when its not repeated back to HCP for confirmation, it actually makes patient care more nerve wrecking because it seemed like the nurse wasnt understanding or taking it serious. an effective SBAR to the doctor on the initial phone call is crucial so that way the doctor understands urgency and will delegate the most important priority orders. mom and baby were in immediate danger. in real life, it wouldnt be best practice to watch mom experience tachysystole for such a long time. its important to be fast, effective and precise. being well educated and clear with communication also decreases the chances of a family experiencing a traumatic birth.

3.