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**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	Even though I prepared for my scenario, I was still very nervous. There was many possibilities of things that could "go wrong" so I was nervous for that.
What did you already know and do well as you provided patient care?	I knew the responsibilities I wanted to take care of and completed those first. I knew that FHR was my most important thing to monitor.
What areas do you need to develop/improve?	I needed improvement in my teachings about breastfeeding and the importance of a "rest period" after birth.
What did you learn today?	I learned how to implement my learnings from OB lecture to my scenario. I also learned the importance of trusting myself to make the right decision for my patient.
How will you apply what was learned to improve patient care?	Sim showed me the importance of therapeutic communication for my patients and their support systems so I plan on ensuring that is a factor in my patient care.
Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b> .  I turned a physical copy in 😊	1.  2.  3.