Student Name: Breanne Torres

Outpatient Preparation Worksheet - OB Simulation
This section is to be completed prior to Sim Day 1:

Patient initials: SR				Date of Admission: 4/08					
EDD: 12/8	Gest. Age 36	G 1	P 0	T	PT	AB		L	M
Blood Type / Rh: O- RH+		Rubella Status: Immune				GBS Status: Neg			

Complication with this or Previous Pregnancies:
Infant Breech

Chronic Health Conditions:
N/A

Allergies: Morphine

Current Medications: Prenatal vitamins
Tylenol, Sudafed

Patient Reported Concern Requiring Outpatient Evaluation:
External version due to fear of C-section

What PRIORITY assessment do you plan based on the patient's reported concern?
Fetal positions & FHR

Pharmacology

Review patient home medications and any drug(s) ordered for the outpatient.

Medications	Pharm. Class	Mechanism of Action in OWN WORDS	Common Side Effects	Assessments/Nursing Responsibilities
Terbutaline	tocolytic	Relaxes uterine muscles	↑ HR Nervousness	FHR monitoring
Tylenol	Analgesic	Pain Management	Headache Rash	Educate about 4000mg limit
Sudafed	Nasal decongestant	Treat stuffy nose or sinuses	Insomnia Headache	Assess reason for use & any adverse reactions

Student Name:_____

Pathophysiology

Interpreting clinical data - state the pathophysiology of the reported problem in your own words.
Make sure to include both the maternal and fetal implications

Medical/Obstetrical Problem	Pathophysiology of Medical/Obstetrical Problem
Poss. C/S due to breech position	Fetal Malpresentations are not optimal for vaginal delivery
Fetal/Newborn Implications	Pathophysiology of Fetal/Newborn Implications
Breech position	Fetus is not head down, which is optimal for vaginal delivery

Problem Recognition

Based on the patient's reported concern, answer each question in the table below.

Question	Most Likely Maternal Complication	Worst Possible Maternal Complication	Most Likely Fetal/ Complication	Worst Possible Fetal/ Complication
Identify the most likely and worst possible complications.	PROM	C-Section due to fetal compromise	FHR changes	Placental abruption / Fetal compromise
What assessments are needed to identify complications early?	Cervical Checks	FHR monitoring	FHR monitoring	FHR monitoring
What nursing interventions will the nurse implement if the complication develops?	Keep comfortable until birth, Prepare for c/s	Prepare Mom for C/S	Lt lateral position + check for chang	Prepare for C/S

Nursing Management of Care

Identify the nursing priority after interpreting clinical data collected for this outpatient evaluation. **List three priority nursing assessment/interventions specific to the patient concern.** Include a rational and expected outcome for each.

Nursing Priority	Determine Fetal positioning + HR	
Goal/Outcome	Prepare Mom + baby for external version	
Priority Assessment/Intervention(s)	Rationale	Expected Outcome
1. Leopold Maneuver	1. Determine Fetal position	1. Find out if baby is breeched
2. FHR monitoring	2. For monitoring during EV	2. No abnormal patterns
3. Advocating + reassuring mom	3. She is scared + it is her 1st baby	3. Decrease stress levels

2