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Midterm Clinical Reflection

What feelings did you experience in clinical today. Why?

Overwhelming. It was my first day of preceptorship that I took a part in taking care of 2 post-op patients with different physiologic needs. The first patient underwent coronary artery bypass graft while the other patient underwent an incision and drainage of neck abscess with a secondary diagnosis of epiglottitis. Both of these patients have q15 cardiopulmonary monitoring as both of them are still mechanically ventilated. Both have q1 blood glucose monitoring, strict I and O. Post cabg have more drains to be monitored such as chest tubes (2), mediastinal drains and jp drains. I am overwhelmed by the amount of things needed to be done plus the charting and

documentation. To put it in simple terms, it is overwhelming. It is challenging but i made it through.

2. What did you already know and do well as you provided patient care today?

I am aware and familiar with post-operative care likewise the importance of a strict hemodynamic and pulmonary monitoring. The knowledge that i gained thru this school has prepared me to such a very overwhelming and challenging feat.

3. What areas do you need to develop or improve?

I come to realize that i needed more exposure on the intricacies of charting and documentation in epic. The importance of prioritizing things that needed to be done for the patient and being meticulous with medication administration especially dosaging and volume .

4. What did you learn today?

ESSAY TITLE

I know that i still have a lot to learn but what strikes me the most is the importance of accuracy of zeroing the arterial line in accordance to the phlebostatic axis. Understanding and correct interpretation of the arterial line waveforms on postoperative patients as well as other patients on hemodynamic drugs is a must.

5. How will you apply what was learned to improve your patient care?

Being proficient and efficient in managing time, prioritization, clinical skills and clinical judgment would help me deliver a safe and quality care.