

Midterm Clinical Reflection

What feelings did you experience in clinical today? Why? I was initially nervous about the clinical rotation, seeing that we've never done 12 hr shifts, however, I have enjoyed it thoroughly. It has been refreshing to learn a unit for more than 2 weeks and go to the next one. The nurses have also been kind in allowing me as many opportunities to learn as possible.

What did you already know and do well as you provided patient care today? I was able to safely administer IV push medications by pushing over the allotted time depending on the dosage of medication. I was also able to set up an IV pump and set the pump parameters to match the prescription written by the physician. I also did quite a few respiratory assessments that I was confident in my ability to perform, seeing as we had multiple PTs come in with SOB and wheezing. In addition, I also gave out some IM IG shots as a few PTs came in after being exposed to measles at their primary care provider. I was also able to complete a straight catheter in order to retrieve a urine sample for a C/S.

What areas do you need to develop or improve? I need to get better at navigating EPIC and becoming familiar with charting. I also need to get better at talking to the PTs about discharge planning, I have a difficult time leading questions into others based upon the PTs response to my question. I also don't feel comfortable teaching about taking medications as scheduled and what they need to look out for, so if it occurs, they can bring them back to the hospital.

What did you learn today? I learned that if children are not yet old enough to get their measles vaccination. They can come into the hospital and get an immune booster called Immune Globulin that is given in the form of an Intramuscular injection to help with fighting off the measles exposure. I also learned the triage system of the ED, and based upon the PT's triage rating, determines the speed at which they are seen. I was also able to watch the nurse use an ultrasound to visualize a vein so they could start an IV on a dehydrated PT.

How will you apply what was learned to improve your patient care? Over the Past 4 shifts, I have learned quite a bit. I think taking pride in the care you provide is the biggest thing I've learned so far. These people come to you at their most vulnerable because they do not have the means to fix the problem themselves, and recognizing that it can be a scary thing will help you give the care these people deserve.