

NAME: _____Parker Rumsey_____ DATE: _____4/4/25_____

POST-CLINICAL REFLECTION

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
<p>What feelings did you experience in clinical?</p> <p>Why?</p>	<p>The emotions that i felt during today's clinical were more bad than good. The education the clinical provided was sufficient, but the situation was difficult. I would say I felt a lot of pressure and I felt sorrow for the patient's family member that was experiencing grief. The wife of the patient was very angry because her husband was dying, and it felt like she was taking the anger out on the staff.</p>
<p>What did you already know and do well as you provided patient care?</p>	<p>I had experience with CRRT and therapeutic communication in the past. I did my best to provide therapeutic communication to the family member and the experience I had helped me in this situation. Although I am not able to perform any task in CRRT, I was able to draw labs from the ART line, and did so successfully due to previous experiences.</p>
<p>What areas do you need to develop/improve?</p>	<p>This clinical experience required a lot of documentation of the family members behavior and outburst. Being able to document accurately and effectively is a skill that i need more experience with before i become comfortable enough to do it independently.</p>
<p>What did you learn today?</p>	<p>I learned how to perform post mortem care, and how to calculate the I/O for CRRT documentation. Both of these skills will improve my ability to care for patients in the most efficient way in the future.</p>
<p>How will you apply what was learned to improve patient care?</p>	<p>Although I have only performed post mortem care once, knowing how to do it will improve efficiency for my unit in the future. When a patient dies, it is important to have the room ready for another patient as soon as possible.</p>
<p>Please reflect on how your ICU simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</p>	<ol style="list-style-type: none"> 1. For communication and collaboration, my preceptor and I had several conversations with the practitioner about the plan for withdrawing care and the importance of getting a DNR signed for the patient 2. For clinical judgment, My preceptor and I agreed on the importance of asking the family member about the care we were providing before we did anything because the family member was indecisive on what level of care was necessary for the patient 3. For patient centered care, it was important to keep the patient comfortable knowing that he was dying very fast. The only thing that kept him alive was vasopressors and CRRT, but he was not getting any better. Therefor it was important to have the conversation with the family member that the patient was not going to get better.

