

Mia Cantu
Midterm Clinical Evaluation

My most previous clinical in MICU is going to be the clinical day I will be reflecting on. I was very anxious due to previous evaluations that my preceptor gave me. She told me that even though she is on her phone that I don't need to be on mine so I was a little intimidated to go back on the next shift and take care of our patients because that is not something I have ever been told. I felt like I failed. So I showed up at 0640 and decided just to go above and beyond and prove myself. I had a female patient who is 4 '11 and 400lbs. She had a past medical hx of OHS, DM2, HLD, CHF, and allergic to a majority of antibiotics including vancomycin, full code and is intubated and sedated. So I decided to make a schedule for myself when working with my preceptor. My preceptor and I got a report, read through notes, while my preceptor was getting breakfast I did my assessments, got the vitals, and researched medications I didn't know. My preceptor then told me that I would be in charge of charting everything for my patient. I then told my preceptor that I would do my assessments before hers and then tell her what I assessed and she would tell me if she agreed or not. I believe she knew I was trying harder. When it was time for meds, my preceptor just signed in and let me do everything. This included IVP, IVPB, subq injections, and ART line blood draws. I was very very happy because I felt like I was actually being a nurse. I then noticed my patient in pain and told my preceptor that we might need to give her something for pain or adjust her sedation. My nurse then told me that it was good I caught that which made me feel confident. The whole day just allowed me to feel more like a nurse and I feel like I really improved and was proving myself to my preceptor and myself. At the end of the shift I felt like I built a better connection with my preceptor and overall became way better at patient care. I was also given the opportunity to educate patients' families on vent settings and what our plan of care was. I feel like if I continue to prove myself and stick to this new schedule it will allow me to be better and learn more. Even though I have 7 shifts left I have a strong feeling that I am going to exceed my preceptors expectations. Another highlight was I knew the word toxoplasmosis when the doctor, charge nurse, pharmacy, and my nurse didn't know. I feel like right now my strengths are communication with patients and families, confidence, educating my patients families, and advocating for my patients and right now my weaknesses are assessments, time management, and being anxious.