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POST-CLINICAL REFLECTION MID TERM

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I experienced feelings of nervousness. The AED is fast paced and although I enjoy that I was still nervous that I wouldn't be able to contribute as much as I'd like because I am still learning.
What did you already know and do well as you provided patient care?	I knew patient care, vital signs, medications/administration, and being able to recognize the symptoms the patients were being seen for. Because of that I was able to assist fluidly checking the vital signs and making the patient comfortable.
What areas do you need to develop/improve?	IV access, although I can do an IV I feel I can improve being a little more quicker and improving it on older patients. I feel like I can also develop my prioritization and I am working on communication with my preceptor to improve that.
What did you learn today?	Throughout the 5 clinical shifts I have learned: the potassium protocol procedure at Covenant for hyperkalemia and was able to administer, I became more familiar with setting up meds with gravity as the AED mostly uses that method. I also learned how to improve my prioritization and delegation.
How will you apply what was learned to improve patient care?	I will be able to prioritize better to provide better patient care. Being able to see the patients that come into the ED and all of their different c/c helps me learn. Being able to apply all the things learned in lecture in the AED is a great practice as we see many different types of situations.
Please reflect on how your simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	SIM lab experience: performing a code blue (CPE) <ol style="list-style-type: none">1. Prepared me for a future real code blue and delegation/roles, helped me touch base on chest compressions and respirations and to receive feedback on improvements2. Helped show how team work can be beneficial to staff and providing better patient care.3. Allowed me to experience a fast paced environment and many speaking at once and how to remain calm and attentive