

NAME:     Jasmine Luna     DATE:     4/9/2025    

**POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359**

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

| Reflection Question   | Nurse Reflection  |
|---|---|
| <p>What feelings did you experience in clinical?</p> <p>Why?</p>  | <p>Going into the simulation, I felt nervous about what to expect. Although I prepped for the patient by writing up interventions and listing out my priorities, I had to be sure that I was prepared for any type of scenario. Once I was in my scenario room, I was nervous, especially since the monito went out.</p>  |
| <p>What did you already know and do well as you provided patient care?</p>  | <p>I knew that the mother presented with decreased fetal movement. In addition, she had pregnancy induced hypertension, gestational diabetes, and difficult previous pregnancies (resulted in a stillbirth and a forceps delivery). My priority was to monitor and increase fetal movement while providing therapeutic care to the mother.</p>  |
| <p>What areas do you need to develop/improve?</p>   | <p>I need to strengthen my education regarding tests, especially with the NST. I need to know how long the test is and what interventions are needed if the test comes out abnormal. In addition, I need to go back and look for ways to increase fetal movement than utilizing IUR (which should be as last resort and for FHR)</p>  |
| <p>What did you learn today?</p>  | <p>I learned about the different interventions that can be done in L&amp;D. I got to see the fetal heart rate monitor and see the correlation of the FHR and contractions throughout different scenarios. In addition, I learned about additional safety measurements and family care.</p>  |
| <p>How will you apply what was learned to improve patient care?</p>   | <p>I got a real good understanding of how the content that we learned in class is applied to real life scenarios. In addition, I plan on going back over lecture information to strengthen/expand my current knowledge. Knowing when to intervene can improve patient care and ensure successful/safe delivery.</p>   |
| <p>Please <b>reflect</b> on how your OB simulation learning experience assisted in meeting 2-3 of the <b>Student Learning Outcomes</b>.</p> | <p>1.<br/><b>Communication &amp; Collaboration-</b><br/>Collaborated with patients, family, and other health care team members to ensure the safety of mother/baby. Created a therapeutic relationship with the patient and family members to create a safe environment and improve healthcare. Answered and acknowledged questions or statements that the patient and family members may have.</p> <p>2.<br/><b>Safety &amp; Quality-</b><br/>Created a plan of care that best suits the patient's presenting problem. Asked for patient identification/allergies to promote safe medication administration. Made sure patient's surrounding environment was safe and call light button is within reach.</p> |

3.

**Professionalism-**

Demonstrated professionalism by providing education to the patient/family. For example, breathing techniques that can be utilized during labor, s/s & interventions for hyperventilation, and toxoplasmosis.