

Student Name: Laiken Brazil

Date: 4/9/2025

IM1 Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

0900, Pneumonia, well-groomed and dress appropriately

Neurological–sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert & oriented X 3. Confused to place. Pupils 3mm equal, round, reactive to light (PERRL),

Moves all extremities on command, Hand grasp and toe wiggle (HGTW) equal & strong

bilaterally. Speaks clear English. Complains of pain of a 7 on a 1-10 scale.

Pain is sharp to right knee.

Comfort level: Pain rates at 7 (0-10 scale) Location: Right knee

Psychological/Social (affect, interaction with family, friends, staff)

Flat affect. Interacts appropriately with family, friends and staff.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Eyes and ears are symmetrical. No drainage of EENT. Oral mucosa is pink and moist

with fair dentition. Hear is impaired. Bilateral hearing aids in place. Swallowing intact. Nodes are

non-palpable.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical. Breath sounds diminished on the left upper lobe with inspiratory wheezes.

Trachea midline. Respirations 18, even and non-labored. 4L nasal cannula with O2 sat 92-96%.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1 (lub) and S2 (dub) audible with steady, consistent rate and rhythm. Apical and radial rate 72.

Radial pulses 2+ bilaterally. Right pedal pulse 1+. 2+ pitting edema to right lower extremity.

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen flat, soft and non-tender. Active bowel sounds x 4 quadrants. States usually has a bowel movement daily. Soft, formed brown stool.

Last BM 4/8/25

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) voids clear, yellow urine without urgency. Continent of urine. Denies odor, vaginal bleeding and discharge.

Urine output (last 24 hrs) 1500 mL LMP (if applicable) N/A

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities) Non-weight bearing to right lower extremity. Gait unsteady. Ambulates with walker. No deformities. Spine neutral alignment, upright posture.

Skin (skin color, temp, texture, turgor, integrity)

Skin warm, dry and intact. Color appropriate for race. Elastic turgor.

Wounds/Dressings

Incision with sutures to right knee, open to air, no drainage or swelling.

Other