

NAME: _____

DATE: _____

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I felt a little nervous for it but Ms. Soliz did a great job easing those nerves before going into our simulation. I think it just overall is a bit nerve-wracking anytime we have to perform these scenarios.
What did you already know and do well as you provided patient care?	I knew what obviously hypoglycemia is from and from the mom having gestational diabetes, and the importance of regulating that blood glucose level to within normal range.
What areas do you need to develop/improve?	I think knowing the protocol for "abduction" when it comes to your patients safety, and babies. Also, just being more educated on the different problems that can occur in the mom and baby assessments/scenarios.
What did you learn today?	I learned the different steps for assessing the newborns blood glucose levels, and different steps to properly treat hypoglycemia.
How will you apply what was learned to improve patient care?	I will know the proper steps to treat hypoglycemia, starting with skin-to-skin and breast feeding. The importance of that and then using glucose water.
Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes .	<ol style="list-style-type: none"> 1. I was able to prioritize mom and baby care by delegating certain tasks to myself and the "Charge nurse" in the room with me. 2. I educated the mom on consents. Procedures, and any medications. 3. I was able to remain calm and professional during the scenario to provide the proper care to mother and baby, only until the "abduction" occurred, that was just a little chaotic.

