

Aspire, AA and Oceans Reflection (300 word minimum)

<p>Safety & Quality Describe anything you accomplished to maintain a safe, quality environment</p>	<p>To maintain and promote patient confidentiality, I shredded the documents that were provided. To ensure patient safety I ensured that doors were closed before walking away and maintain a comfortable environment.</p>
<p>Clinical Judgment As you listened during group, how were you able to integrate classroom knowledge with what the patient/therapist were discussing:</p> <ul style="list-style-type: none"> • What can you apply to this situation from your previous knowledge? • Can you apply these learnings to other events? How can you use this to further improve your practice in the future? • What have you learned from clinical? 	<p>We have not had that lecture yet, but I noticed that I the therapy group that the therapist related their experiences to what she was teaching. She also made to validate everyone's feelings</p>
<p>Patient Centered Care Identify one client in the group, what concerns, recommendations/interventions would you suggest?</p>	<p>There was one patient that heard and saw his dead family members. These hallucinations started after he had done Meth. He was a newer patient. My recommendations would be that they attended therapy to learn coping skills and make adjustments to medications to try and alleviate the hallucinations.</p>
<p>Professionalism How did you maintain professionalism? You can review your clinical evaluation for ideas (What has this taught you about professional practice? About yourself?</p>	<p>To maintain professionalism, I did not give out personal information about myself to maintain the separation between work life and personal life.</p>
<p>Communication & Collaboration Describe how you utilized therapeutic communication/collaboration</p>	<p>Mainly by listening to their story. Also, by being respectful and nonjudgmental.</p>
<p>Feelings</p> <ul style="list-style-type: none"> • How were you feeling at the beginning? • What were you thinking at the time? • How did the event make you feel? • What did the words or actions of others make you think? • How did this make you feel? • How did you feel about the outcome? • What is the most important emotion or feeling you had? 	<p>I was nervous at the beginning of this clinical rotation because of everything I have heard about psych facilities. Once we got in there and started talking to them you realize that they are just people and not scared.</p>

Evaluation

What stood out the most about
Aspire, AA, or Oceans

I Liked the setup of the facility, how it had an east and a west wing so patients could be divided based off of how much help they needed with ADLs. I also liked that there was a common area where they were not confined to rooms.