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DATE: 4/13/25

### POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical?  Why?	I was nervous going in just because of my CPE experience in IMZ. However, after we did the practice scenario I felt much better about doing my assigned scenario.
What did you already know and do well as you provided patient care?	As a mom, I know that labor and delivery can make the patient and family anxious. I used my experience as an OB patient and I was able to use therapeutic communication and teaching with my sim patient.
What areas do you need to develop/improve?	I feel I need to review prenatal testing. I struggled to remember the steps for NST as well as the consequences of toxoplasmosis.
What did you learn today?	I learned that increasing oxytocin too fast can be detrimental to mom and baby and the provider should have been questioned when giving that order.
How will you apply what was learned to improve patient care?	I will always double check oxytocin orders as well as check the pump for correct oxytocin rates.
<b>Please reflect on how your OB simulation learning experience assisted in meeting 2-3 of the Student Learning Outcomes.</b>	<ol style="list-style-type: none"><li>1. Communication &amp; Collaboration: In sim, I provided a lot of education to the patient and family in regards to healthy eating while pregnant.</li><li>2. Professionalism: I advocated for my OB patient by telling the spouse he should scoop the patient's cat's litter box.</li><li>3. Clinical Judgment: I demonstrated clinical judgement when telling my patient she needs to be tested for toxoplasmosis after learning she is the only one to care for her cat.</li></ol>