Time: 1000				Focused OB Assessment			
VS	Contractions	Vaginal exam	Fetal Assessment	Labor Stage/phase	Pain Plan	Emotional	Other
138/83 99.1°F 97% 86bpm 20RR 1000	Freq Q1min Dur 90 sec Str.	Dil. 10 Eff. 100% Sta. Prest. BOW	FHR Var. Accel Decel. 130bpm TX.	ended at stage 3	0/10		

Time: 1000				Focused Postpartum Assessment			
VS	CV	Resp	Neuro	GI	GU/Fundal	Skin	Other
	LOW BP High HR	WNL	WNL	WNL	Bladder Fundal loc Tone Lochia	Normal for pt	

Time:				Focused Newborn Assessment			
VS	CV	Resp	Neuro	GI	GU	Skin	Other
WNL	WNL	WNL	WNL	WNL	WNL	WNL	0

EVALUATION of OUTCOMES - Complete this section AFTER scenario.

1. Which findings have you collected that are most important and need to be noticed as clinically significant?

Most Important Maternal Assessment Findings	Clinical Significance
mom started to hemmorhage	mom is loosing too much blood
Most Important Fetal Assessment Findings	Clinical Significance

2. After implementing the plan of care, interpret clinical data at the end of your shift to determine if your patient's condition has improved, has not changed, or has declined.

Most Important Data	Patient Condition		
	Improved	No Change	Declined
↓ fetal movement	✓		
pain	✓		
hemmorhage			✓
VS			✓

3. Has the patient's *overall* status improved, declined, or remained unchanged during your shift? If the patient has not improved, what other interventions must be considered by the nurse?

Overall Status	Additional Interventions to Implement	Expected Outcome
declined	IUR, blood transfusion, IV hydration	pts hemmorhage to stop

Situation
- Name/age Cynthia Williams
- G 3 P 2 AB 1 L 1   EDB 8 / 10 / 2025   Est. Gest. Wks.: 38 WKs
- Reason for admission

Background
- Primary problem/diagnosis - ↓ fetal movement / GDM
- Most important obstetrical history GDM, ↓ fetal movement
- Most important past medical history GDM, Lost baby = stillborn
- Most important background data Bedrest for last 3 wks

Assessment
- Most important clinical data: ↑ tachystole
  - Vital signs 133|83, 99.1 F, 97/, 98 bpm, 20rr
  - Assessment focus assessment, SUE
  - Diagnostics/lab values 102 ~~mmol~~ dL
  Trend of most important clinical data (stable - increasing/decreasing) BP & HR unstable
- Patient/Family birthing plan? Husband at Bedside
- How have you advanced the plan of care? monitor for hemorrhage
- Patient response BP & HR were unstable. pt in pain
- Status (stable/unstable/worsening) unstable

Recommendation
- Suggestions for plan of care
  - mental Health
  - Diabetes education

O2 therapy Nonrebreather 10L/min

IV site Left

IV Maintenance LR 125ml/hr

IV Drips Oxytocin

Anesthesia Local / Epidural / Spinal / General

Episiotomy_____ Treatment _____

Incision _____ Dressing _____

Fundus Location _____ (Firm) / Boggy

Pain Score 5/10 _____ Treatment demerol

Fall Risk/Safety Bed written

Diet Low carb

Last Void _____ Last BM _____

Intake _____ Output: _____

Notes:
- Allergic to morphine
- gave demerol (IV) for pain
  ↳ Pain did ↓

NAME: Lisette Guerrero   DATE: 4/24/25

POST-CLINICAL REFLECTION OB Simulation Reflection - due on Thursday by 2359

To strengthen your clinical judgment skills, reflect on your knowledge and the decisions made caring for this patient by answering the reflection questions below.

Reflection Question	Nurse Reflection
What feelings did you experience in clinical? Why?	I went in anxious because I am not a fan of sim, but I really enjoyed it. I believe that it was very helpful to see how the pt. progressed.
What did you already know and do well as you provided patient care?	I believe that I did good with seeing the tachysystole & doing the IUR.
What areas do you need to develop/improve?	I can improve on how to care for a baby that is hypoglycemic because baby's BG level kept on dropping.
What did you learn today?	I learned to not trust anyone with the baby.
How will you apply what was learned to improve patient care?	While doing the couplet care, I think that was very beneficial on how to care for mom & baby.
Please **reflect** on how your OB simulation learning experience assisted in meeting 2-3 of the **Student Learning Outcomes.**	1. Provide reassurance during concerns related to pregnancy complications. Like when KJ was worried when we gave demerol. 2. Collaborate with other healthcare members to provide quality care. Like when dr. delivery went to deliver my pts baby. 3. Recognize, evaluate, prioritize, & implement interventions for the systole